

**E7-UNIT 2: TEST 1** by Mrs.Nguyet-Chu Van An Secondary school, in Thuan Chau, in Son La

**I. Look at the words in the box and write the suitable word for each picture.**

get some sleep    eat fruit and vegetables    eat fast food    drink soda    healthy    unhealthy

		
1.	2.	3.
		
4.	5.	6.

**II. Fill in the blanks with words in the box to complete the sentences.**

fruit    soda    sleep    fast food    unhealthy    healthy    vegetables

1. My mom usually gives me an apple or oranges for snacking. She wants me to eat more \_\_\_\_\_.
2. It's a good idea to eat \_\_\_\_\_ like carrots and onions, with meat and fish.
3. My brother is unhealthy because he eats too much \_\_\_\_\_.
4. \_\_\_\_\_ drinks such as cola has a lot of sugar.
5. I try to get at least eight hours of \_\_\_\_\_ every night.
6. You should do more exercise to stay \_\_\_\_\_.
7. Hannah's eating habits is \_\_\_\_\_. She has sweets and soda drinks with every meal.

**III. Choose the suitable word to complete the sentences.**

1. I don't eat ..... fast food.
2. We should drink ..... fruit juice now.
3. She doesn't do ..... exercise today.
4. My brother can play *any/ some* sports such as: soccer, volleyball, badminton, table tennis...
5. She doesn't do ..... exercise in the morning.
6. How ..... fruit do you eat every day?
7. We should drink ..... water every day.
8. My daughter doesn't watch.....TV every day.

9. Tommy doesn't eat .....salad every day.

10. How.....beer does your father drink every week?