

# A GOAL Order a Meal

## Vocabulary



cereal and milk



eggs



steak



fish



salad



pasta



chicken



fruit juice



coffee



tea



chocolate cake



ice cream

- A** Look at the photos of foods and drinks. Write them in the table. You can write them more than once.

Breakfast (morning)	Lunch or dinner (noon to evening)	Drinks	Desserts

- B** In pairs, write three more food and drink words in the table. Then work with another pair and share your words.
- C** Tell your partner the types of food you like and don't like for breakfast, lunch, and dinner.

What do you like for breakfast?

I like cereal and milk. I hate eggs for breakfast!

## Grammar

### Some and Any

Statement	Negative	Question
There's <b>some</b> ice cream in the freezer.	We don't have <b>any</b> chicken.	Do you have <b>any</b> chocolate cake?
*We use <i>some</i> for questions with <i>can</i> and <i>could</i> : Can I have <b>some</b> water, please?		

**D** Complete the article with *some* or *any*.

In India, many people don't eat (1) \_\_\_\_\_ meat. They are called *vegetarians*.  
That means they don't eat (2) \_\_\_\_\_ chicken or (3) \_\_\_\_\_ steak.  
So, what do vegetarians eat? They have (4) \_\_\_\_\_ great options. At an Indian restaurant,  
you can order (5) \_\_\_\_\_ delicious fruit juices and enjoy (6) \_\_\_\_\_ wonderful  
salads and entrees. There are also (7) \_\_\_\_\_ great desserts.

**E** Unscramble the words to make statements and questions from a cafe.

1. you / strawberry / do / have / any / ice cream?  
\_\_\_\_\_

2. any / have / we / don't / strawberry / ice cream.  
\_\_\_\_\_

3. some / I / have / coffee / could / please?  
\_\_\_\_\_

4. I'll / ice / some / have / chocolate / cream.  
\_\_\_\_\_

## Conversation

**E** Write the sentences in **E** to complete the conversation. Listen and check your answers. Then practice the conversation in pairs.

**Waiter:** Good evening. What can I get you?

**Customer:** Hi. (1) \_\_\_\_\_

**Waiter:** Sure. Milk and sugar?

**Customer:** Just milk. And (2) \_\_\_\_\_

**Waiter:** No, sorry, (3) \_\_\_\_\_. We only have chocolate.

**Customer:** OK, (4) \_\_\_\_\_

**Waiter:** So, that's one coffee with milk and one chocolate ice cream.

**Customer:** That's right. Thank you.



## GOAL CHECK Order a Meal

In pairs, role-play a conversation in a cafe between a waiter and a customer. Use the flowchart to plan what to say. Do the role play. Then switch roles and make another conversation.

**Waiter**

Say hello.

**Customer**

Order food and a drink.

**Waiter**

Say you don't have something.

**Customer**

Change your order.

**Waiter**

Repeat the order.



# GOAL Describe Your Diet

## Language Expansion: Food Groups

The Eatwell Plate helps you eat a healthy diet. It shows five food groups and how much to eat of each group. Look at the graph. Do you see any of your favorite foods?



**B** Write two more food words from the graph into these food groups:

Fruit: banana, \_\_\_\_\_, \_\_\_\_\_

Vegetables: potatoes, \_\_\_\_\_, \_\_\_\_\_

Dairy: yogurt, \_\_\_\_\_, \_\_\_\_\_

Protein: beans, \_\_\_\_\_, \_\_\_\_\_

Bread and cereals: pasta, \_\_\_\_\_, \_\_\_\_\_

**C MY WORLD** Think of other types of food in your country. Match them to the chart in A and food groups in B. Does your country have something like the Eatwell Plate?

## Grammar

### Count and Non-count Nouns; How much / How many

Count Nouns (plural ending -s)	Non-count Nouns
Count nouns have a singular and a plural: <i>one apple, two apples</i>	Non-count nouns only have a singular form: <i>water, pasta, fish</i>
<b>How many</b> apples do you eat every week? <i>Four or five. / Not many.</i>	<b>How much</b> pasta do you eat a week? <i>A lot! / Not much.</i>

**D** Write the foods from the Eatwell Plate in the correct column.

Count Nouns	Non-count Nouns

**E** Complete these sentences with *how much* or *how many*.

- \_\_\_\_\_ eggs do you eat every week?
- \_\_\_\_\_ meat do you eat a week?
- \_\_\_\_\_ fruit juice do you drink every day?
- \_\_\_\_\_ cookies do you eat every day?
- \_\_\_\_\_ bread do you eat a day?

**F** In pairs, take turns asking and answering the questions in **E**.

## Conversation

**G** Listen to the conversation. Does the patient eat well?

**Doctor:** Tell me about the food you eat. How much fruit do you eat?

**Patient:** I eat an apple every day. Sometimes I have an orange, as well.

**Doctor:** Very good! Do you eat meat?

**Patient:** Yes, I love meat.

**Doctor:** How much meat do you eat?

**Patient:** I eat a big steak every day.

**Doctor:** And vegetables. Do you eat any vegetables?

**Patient:** No, I don't like vegetables.

### SPEAKING STRATEGY

#### Giving Positive Feedback

Very good!

Well done!

Good / Great job!

**H** Practice the conversation in pairs. Switch roles and practice it again.

**I** Change the underlined words and make a new conversation. Make the diet more healthy.

## GOAL CHECK Describe Your Diet

Make a list of the foods you eat on a normal day. Tell a partner about your diet and decide if it is healthy or not. Then join another pair. Tell them about your partner's diet.