



1- READING-COMPREHENSION

Taking Care of a Dental Bridge

Dental bridges are considered “_____” because they're not removable like dentures, but they don't last forever. The average bridge lasts between five and seven years, but with proper care, some _____ can last more than a decade. Advances in materials and methods are likely to make them even more durable in the future.

Even so, how you take care of your bridge can have a big impact on how long it lasts.

Making It Last

Good oral hygiene is important to keep remaining _____ strong and healthy, as well as to maintain a long, healthy lifespan for your bridge. Just as with your natural teeth, it's essential to _____ and floss your bridge at least twice each day.

Your dentist or dental hygienist will demonstrate how to floss and clean around the new bridge properly. In addition, it's essential to see the dentist regularly for dental cleanings and exams.

Dietary Changes

Some foods should be avoided long-term because they can _____ problems for your bridge or abutment teeth. These include:

Chewy/sticky candy(which could pull the crowns off of the abutment teeth)

Hard candy or snacks

_____ foods (to prevent tooth decay under the crowns)

Popcorn

Nuts

You'll need to be careful what you eat for a while after your bridge is placed. Be sure you know what you can and can't eat in the days following your procedure(s) and follow your dentist's advice.

Disadvantages of Dental Bridges

However, there are also several drawbacks linked to the use of dental bridges in restorative

Firstly, the healthy abutment teeth on either side of the gap that hold the pontic in place may become damaged in some cases, after the bridge is fitted. For example, there is a risk of decay if the bridge and crowns are not well fitted and allow plaque and _____ to enter underneath them. Additionally, the structure of the teeth may change following the placement of the _____ and bridge.

For some patients, the supporting abutment teeth have insufficient strength to hold the bridge and consequently collapse. This presents additional problems that will need to be addressed and may even worsen the original situation. In severe cases, the abutment teeth may eventually need to be replaced by dental implants.

Weighing up the Advantages and Disadvantages

The best type of restorative dental treatment will depend on the specific case, and the advantages and disadvantages should be considered in the decision-making process. It is mandatory for the dentist to present the different _____ to patients, alongside the risks and benefits of each possibility, so that together they can make the optimal decision.

A- Complete the text with the following terms:

options sugary permanent bridges brush bacteria dentistry cause teeth crowns

2- Fill in blanks with these words

retainer veneer partial dentures headgear

- a) _____ a shell or coating made of plastic or porcelain
- b) _____ removable or fixed prosthetic teeth for an arch of teeth
- c) _____ an appliance that moves the upper jaw back
- d) _____ an appliance that keeps teeth in position

3- Read the sentences and choose which word best fits each blank

plastic replacement crown arch porcelain prosthetic

- a) The elderly patient was missing several teeth in her _____
- b) You'll need a (n) _____ for that broken front tooth
- c) David needed a (n) _____ to fix his broken tooth
- d) Most people prefer crown that are made of _____
- e) _____ dentistry is a specialty in the field
- f) _____ is used in dental sealants to protect teeth from cavities

4- Write a word or phrase that is similar in meaning to the underlined part

- a) The orthodontist told Jack that he had a problem in which his teeth didn't meet correctly
- b) If you don't fix your teeth, the abnormal shape may affect your confidence
- c) Jack has some problems with the relative positioning of his teeth
- d) The orthodontist could see that his patient had a problem with the alignment of teeth

5- Listening

Hygienist: Well, yes, but I thought I detected some signs of (1) _____

Dentist: What did you see?

Hygienist: Just a couple of (2) _____ seemed bigger than they should be

Dentist: Did Mrs Hopper have any (3) _____?

Hygienist: No, she said she didn't feel any (4) _____ But that doesn't mean there isn't a cavity

Dentist: True, so what did you do?

Hygienist: I told her to come and see you for (5) _____

Dentist: That's the best thing to do. I'll be able to detect any (6) _____ with my probe and treat them if necessary