MY PERSONALITY

WORKSHEET FOR STUDENTS

Directions

You bring your personality to work with you, so many companies want to know more about your personality before they hire you. These four questions are similar to questions asked in a popular personality test called the MBTI. The MBTI is much more specific, and you may have the opportunity to take that test as part of a job application or career counseling in the future. If you can't decide between the two choices, write 'both.'

1. One of the biggest personality type questions that people ask is whether you are an introvert or an extravert. An introvert may prefer some quiet time to themselves, while an extravert may be talkative and would prefer to be surrounded by other people. Are you an introvert (I) or an extravert (E)? _____.

2. When you need to investigate a situation or gather information, do you need to touch/see/hear/smell/taste all the facts (sensing = S), or do you use your gut instinct (intuition = N)? _____.

3. Another big personality question is about how you make a decision. Do you use your feelings when you make a choice (feeling=F), or do you think about it logically without emotion (thinking=T)? _____

4. Also, when making that decision, do you prefer to have a definite answer (judgment=J) or to keep the decision open to making changes (perception=P)? _____.

This four letter combination helps describe your personality type. If you answered 'both' to any of these, explore both personality types to see which one sounds more like you. There are library books and websites that discuss good careers for each MBTI type. One good series of books to read is "Portraits of the 16 Personality Types." The following are some words that have been associated with each type as listed below:

ISFJ = Protector	INFJ = Counselor	ESFJ = Provider	ENFJ = Teacher
ISFP = Artist	INFP = Healer	ESFP = Performer	ENFP = Champion
ISTJ = Inspector	INTJ = Mastermind	ESTJ = Guardian	ENTJ = Executive
ISTP = Crafter	INTP = Architect	ESTP = Promoter	ENTP = Inventor

My Personality = _____

LIVEWORKSHEETS