English: 2° D
Name:

| My food diet | | | | | | | |
|---|---|---|---|---|---|---|---|
| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| **Breakfast** | | | | | | | |
| **Lunch** | | | | | | | |
| **Tea** | | | | | | | |
| **Dinner** | | | | | | | |
| **Other…** | | | | | | | |