

HEALTHY EATING!

1 Look at the picture and choose the right answer. Observa las imágenes y elige la respuesta correcta.

A How much juice is there in the fridge?

¿Cuánto jugo hay en la heladera?

- A LOT
- SOME
- A LITTLE

B How many bananas are there in the fridge?

¿Cuántas bananas hay en la heladera?

- A LOT
- SOME
- A FEW



2 Choose the right answer to the previous questions. Elige la respuesta correcta a las preguntas anteriores.

A) juice in the fridge.

B) bananas in the fridge.

3 Choose the right option and then answer the questions. Elige la opción correcta y luego responde las preguntas.

A How much cereal do they eat?

¿Cuánto cereal comen?



- A LOT
- SOME
- A LITTLE
- ANY

A)

B How many vegetables do they eat?

¿Cuántas verduras comen?



- A LOT
- SOME
- A FEW
- ANY

B)

4 Complete the questions with **HOW MUCH** or **HOW MANY**. Then answer the questions

Completa las preguntas con **HOW MUCH** (cuánto/a) o **HOW MANY** (cuántos/as). Luego responde las preguntas.

A) fruit do they eat?



B) hamburgers does he eat?



A)

B)

5 Answer the questions about you! Responde las preguntas sobre vos.

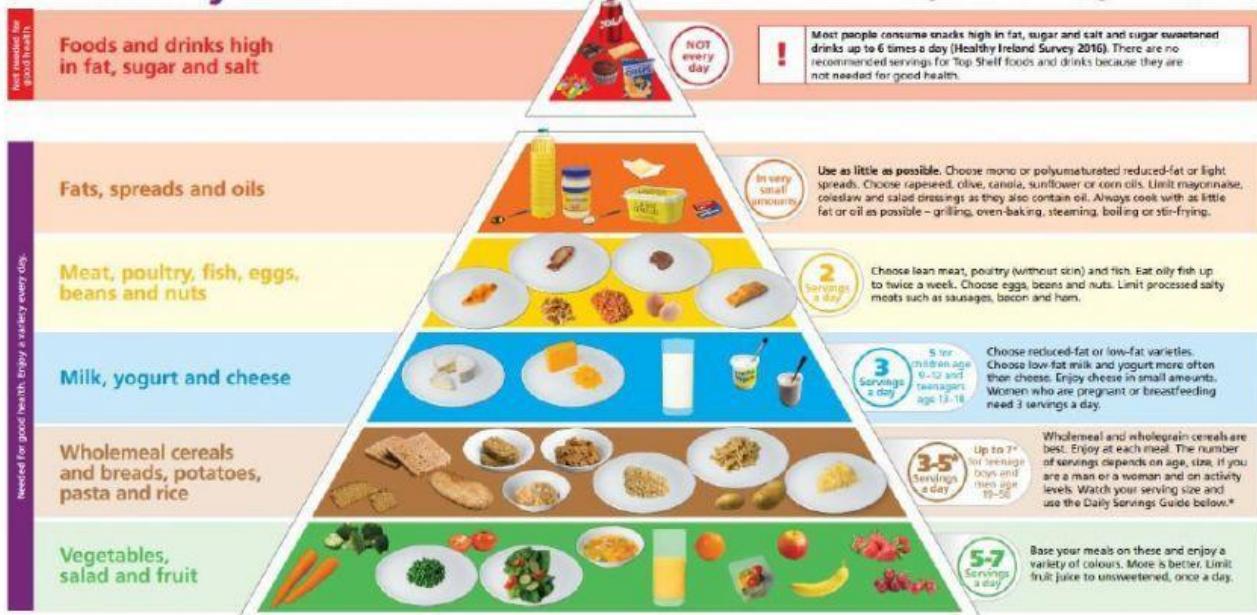
- How many sweets do you eat?
- How much meat do you eat?
- How much water do you drink?
- How many vegetables do you eat?

Look at the Food Pyramid! Observa la pirámide nutricional.

Healthy Food for Life



The Food Pyramid



6 Compare the food pyramid with your personal diet. (Chart from previous lesson)

Complete the sentences. Compara la pirámide nutricional con tu dieta personal. (Cuadro realizado la clase anterior) Completa las oraciones.

I should eat... = Yo debería comer...

I should eat A LOT OF :

I should eat SOME :

I should eat A LITTLE :

I should eat A FEW :