Hygiene

Fill the gaps activity

(Insert the numbers 1-6)



spreading - 1	shower - 2	bacteria - 3
smell - 4	hands - 5	morning - 6

When you wake up in the _____ you should brush your teeth, take a _____, wash your body and put on clean clothes.

If you don't practise good personal hygiene then dirt and _____ could build up on your body and cause it to _____ bad or the skin to become infected and sore.

Keeping your body and _____ clean also helps to stop bacteria and viruses from _____.

LIVEWORKSHEETS