RMIT Classification: Trusted

Jam today, tomorrow, yesterday...



Craig Flatman is every nutritionist's nightmare - a fifteen-year-old who never eats anything except bread and jam but unbelievably, is perfectly healthy! Although his diet contains hardly any protein and is 60% sugar, he is 1,84m tall, weighs 69kg, and his parents say he has never been seriously ill apart from typical childhood illnesses.

Craig or 'Jam boy', as his friends have nicknamed him, rejects any form of meat, fish, fresh fruit, or vegetables. The only time he doesn't eat bread and jam is for breakfast, when he has chocolate cereal, and for tea, when he occasionally has a slice of chocolate cake. He also drinks two pints of semi-skimmed milk a day.



Craig's strange diet started when he was four years old. As a baby he had refused to eat solid food and rejected everything until his father gave him a sugar sandwich when he was nine months old. He also ate chocolate spread sandwiches, and this, with milk, was his diet until he was four when he asked to try jam and started an eleven-year obsession.

Craig sometimes craves some variety, but every time he tries something else, he feels ill. Doctors believe that his condition may have been caused by choking on solid food when he was a baby. 'They tell me I'll grow out of it', says Craig 'but I don't know if I'll ever change!' Although Craig's parents eat a normal diet, their family meals are made more difficult by the fact that Craig's sister Amy, 13, is a vegetarian. And every time they go out for a meal together, they have to phone in advance - to check they can bring jam sandwiches for Craig!

LIVEWORKSHEETS

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1. Read the article and mark the sentences **T (true), F (false) or D (doesn't say)**

Craig doesn't eat any protein

He eats ten jam sandwiches a day.

The only other things he eats are chocolate cereal and cake.

When he was a baby he didn't like solid food.

His obsession with jam sandwiches started when he was eleven

Craig doesn't want to try any other kinds of food.

Doctors have done a lot of tests on Craig.

They think Craig's diet will change when he gets older

Craig's family eat out about once a month

Craig also has jam sandwiches when his family eat out

2. **You will hear a man phoning to book a tennis court. Complete the information on the secretary's form,**

Hamworth Sports Center

Tennis court bookings:

Name: Mark _____

Membership number: _____

Day: _____

Time: _____

Court number: _____

LIVEWORKSHEETS