Tips for travelling alone

Travelling alone seems scary if it's the first time you are going to leave the comfort of your home alone. You will probably think about the potential risks or difficult situations. What happens if I get ill, or have an accident? Isn't it dangerous to go out alone at night? What happens if I get attacked? Isn't it strange to eat at restaurants alone all the time?

Most travellers have these worries and more before their first trip alone, but all these fears disappear when they see all the benefits of this great experience. Here you have 3 tips on how to travel alone and have a good time.

Speak the language
Humans are sociable creatures. We all need to talk to other people. If you are travelling alone, it's a good idea to go somewhere you speak the language.

Sleep with the locals
Hotels are comfortable but very lonely, and hostels are perfect for people who travel alone, but you will only speak with other tourists. Try to rent a room in an apartment. This will give you a connection with local residents and they can give you a lot of tips on what you can do.

Don't be shy
Don't be afraid of asking. Ask for directions in the street, or ask about the place, the culture or the customs to the local people that you find in bars, parks, etc, they are the best to inform you. You will be surprised how much people like to talk about their town or their culture. Remember you are alone. Asking can be an effective way to start a conversation and meet new people.

Write true or false to the following sentences ACCORDING to the text.

1. The writer thinks that you should stay in your comfortable home.
2. The writer thinks that travelling alone is a good idea.
3. The writer wants to talk about the possible risks of travelling alone.
4. The writer wants to help people who want to travel alone.
5. If you travel alone, it's a good idea to learn the language of the place before you go there.
6. If you travel alone, it's a good idea to speak to other tourists, not with the local people.
7. if you travel alone, hostels are very good but not the best option.
8. Local residents can help you to find a good hotel or hostel.
9. The residents can help you giving you ideas for your trip.
10. The good thing about asking is that you get the information you need.
11. The best thing about asking is that you can talk to the local people.

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LIVEWORKSHEETS