	the ideas behind GNH to make decisions for the country. Other places use shorter, similar versions of this kind of report, for example the cities of Victoria in Canada and Seattle in the USA, as well as the state of Vermont, USA.
	On this date (and also on 23 September), the centre of the sun is directly above the Earth's equator, which is called an equinox. On the equinox, day and night last for almost equal time all over the Earth. The equinox is felt by everyone on the planet,
	You might think the International Day of Happiness is a day to practise positive thinking or to give thanks for the things in your life that make you happy. But it's actually a United Nations (UN) project which has a more serious purpose. The UN thinks
	a system to measure happiness based on things like people's psychological health, their general health, how they spend their time, where they live, their education and their environment. People in Bhutan answer about 300 questions, and the results are compared every year to measure progress. The government uses the results and
	which matches perfectly with the idea behind the Day of Happiness. Since 2013, the Day of Happiness has been celebrated in all 193 United Nations member states. And how did the idea start?
	The idea goes back to 1972, when the King of Bhutan, Jigme Singye Wangchuck, said that we should measure a country's progress by its happiness and not just how much it produces or how much money it makes. He called it Gross National Happiness (GNH). Again, it is more than just a nice idea. Bhutan developed
	happiness will only be for everyone when the people of the world are equal. So, Why March, 20th?

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