

Friend plus- unit 1

Exercise 1. Use the correct form of the words given in parentheses.

1. My brother is _____ ever late for school. (hard)
2. Many students like reading the _____ books. (fascinate)
3. My uncle is a musician. He can play many musical _____. (instrumental)
4. It is _____ to drive a car that is not driving licence. (illegally)
5. Who does Hoa _____ go shopping with? (usual)
6. My mother _____ my sister to have a computer in her room. (allowable)
7. Phong and Phu often buy things at _____ shop. (charitable)
8. I _____ with you about using phones at the table. (agree)
9. Are you _____ this is the right answer? (confidently)
10. This watch is one of my treasure _____ in his house. (possess)

READING

Exercise 1. Read the article and decide if the sentences are true (T) or false (F).

Does the time really fly?

It was Lunar New Year and I'd returned home for the traditional dinner. We had all finished eating when my sister said, "Has it really been a year since we last sat down for a family meal? Where has the time gone?" We often say that 'time flies'. It's a saying that means time passes very quickly. Curiously, as we get older, time seems to pass faster and faster. Why does this happen? (Biên soạn Trần Trường Thành – Zalo 0369904425)

Some people think that we had fewer new or important events in our lives as we get older. Years seem longer when we were young because many things are happening. Also, time isn't so important as we get older. Children often count the days until a special event. When we get older, we have too many things to think about.

Luckily, time doesn't actually pass faster as we get older. A day still has 24 hours, and an hour still has 60 minutes. Maybe we need to find a way to slow down our lives and not try to be busy all the time.

1. The writer's sister feels surprised. _____
2. The saying 'Time flies' means that time passes faster as we grow older. _____
3. Time is more important when we're young. _____
4. According to the writer, times really flies. _____
5. The writer thinks we should do more things in our lives to make time pass more slowly. _____

Exercise 2. Read the text, and mark the sentences T (true), or F (false).

Children under age six watch an average of about two hours of screen media a day, mainly TV and DVDs. Children and teenagers from eight to eighteen spend nearly 4 hours a day in front of a TV screen and two more hours on the computer and playing video games.

Children watching too much TV can become fat, violent, have less energy and a harder time at school. Children won't turn off the television, but they should choose the suitable programmes. Parents should provide necessary material: books to read, board games, art or sporting equipment.

The TV is usually on during dinner. That's too bad because your most important family conversation will happen during the family dinner. It's a good idea when there is no TV set in the bedroom, and the children agree.

1. Small children watch about 2 hours of TV and DVDs a day. _____
2. The screen time of older children and teenagers is often 4 hours a day. _____
3. Children should turn off TV all day. _____
4. Children may watch less TV when they have other material to do. _____

5. We shouldn't have any conversations during the meal. _____
6. Parents should buy any TV sets. _____

Exercise 3. Read the following passage. Decide if the statements are True or False and choose the correct answers (A, B, C or D) for the questions.

It's very **important** for everyone to have a healthy lifestyle. If you want to be healthier, here are four useful tips for you. First, you should eat more fresh fruit, vegetables and yogurt instead of candy and fast food. Eating fruit and yogurt every day is good for your skin and stomach. Secondly, you should watch less TV and do more exercise. Doing exercise helps you become fitter and stronger. Thirdly, you should sleep for eight hours a night, and never eat too much before bedtime. Finally, you should drink two liters of water every day because your body need water to work well.

A. Decide True or False

1. To have a healthy lifestyle is very important for everyone. _____
2. There are four advices for you to be healthier. _____
3. Taking exercise doesn't help you become fitter and stronger. _____
4. You should eat fruit and yogurt, drink two liters of water, watch fewer TV and do more exercise every day. _____

B. Choose the best answers to each of the following questions

5. We can replace the word "**important**" in line 1 with the word
 A. "good" B. "wonderful" C. "momentous" D. "comfortable"
6. The main idea of the passage is:
 A. Water is necessary for your body.
 B. Eating fruit and yogurt every day is good for your skin and stomach.
 C. Doing exercise makes you healthier.
 D. Healthy living tips.

Exercise 4. Read the following passage. Decide if the statements are True or False and choose the correct answers (A, B, C or D) for the questions.

The Vietnamese students take part in different after - school activities. Some students play sports. They often play soccer, table tennis or badminton. Sometimes they go swimming in the swimming pools. Some students like music, **drama** and movies. They often practice playing musical instrument in the school music room. They join in the school theater group and usually rehearse plays. Some are members of the stamp collector's club. They often get together and talk about their stamps. A few students stay at home and play video games or computer games. Most of them enjoy their activities after school hours.

A. Decide True or False

1. Some students often play soccer, tennis or badminton. _____
2. Some students like music, drama and movies. _____
3. They sometimes practice playing musical instrument in the school music room. _____
4. The members of the stamp collector's club often get together and talk about their stamps. _____

B. Choose the best answers to each of the following questions

5. How often do some students go swimming?
 A. Often B. Sometimes C. Always D. Never
6. The word "**drama**" in line 3 refers to.
 A. film B. cinema C. play D. game

Exercise 5. Choose the option that best completes each blank in the passage.

Typho: The only (1) _____ in our family is – no phones at the table. My dad (2) _____ phones when we're eating together at home, or if we're in a restaurant (3) _____ town. My mum's always got her work phone, but she goes outside if someone (4) _____.

Serzh 98: We've got two family rules – but it's one rule for me and a (5) _____ one for my sister! I'm not allowed a computer in my room, but my parents (6) _____ my sister have a PC because 'she's older and she studies more'. But she doesn't study!

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|-------------------|-------------|-------------|--------------|
| 1. A. screentime | B. research | C. home | D. rule |
| 2. A. likes | B. loves | C. bans | D. helps |
| 3. A. at | B. of | C. about | D. in |
| 4. A. calls | B. comes | C. wants | D. tells |
| 5. A. intelligent | B. same | C. creative | D. different |
| 6. A. give | B. allow | C. let | D. make |

Exercise 6. Choose the word or phrase that best fits the blank space in the following passage.

Hello, I am John and this is my daughter, Jane. She learns at a big school near (1) _____ apartment. She goes to school from Monday to Friday and (2) _____ to school on the weekend. At school, she studies many (3) _____. She is very interested in Math and Chemistry because they are her (4) _____ subjects. At recess when her classes finish, Jane often plays basketball (5) _____ plays it very well. She sometimes plays badminton, too. In her free time, she always listens to music and learns how to sing. She (6) _____ she will become a Pop singer in the future.

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|----------------|-----------------|---------------|---------------|
| 1. A. our | B. their | C. them | D. us |
| 2. A. don't go | B. doesn't goes | C. doesn't go | D. don't goes |
| 3. A. times | B. things | C. knowledge | D. classes |
| 4. A. favorite | B. bad | C. pastime | D. hobby |
| 5. A. so | B. but | C. or | D. and |
| 6. A. hoped | B. to hope | C. hope | D. hopes |