

2 Look at the list. Write sentences with **should** or **shouldn't**.

### Tips for healthy living

- Don't go to bed too late.
- Eat more fruit and vegetables.
- Don't eat lots of sweets.
- Relax.
- Don't work too hard.
- Walk to school.
- Don't catch the bus all the time.
- Go to bed early.
- Don't drink fizzy drinks.
- Do lots of sport.

1 You shouldn't go to bed too late.

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_

5 \_\_\_\_\_

6 \_\_\_\_\_

7 \_\_\_\_\_

8 \_\_\_\_\_

9 \_\_\_\_\_

10 \_\_\_\_\_

3 Write sentences. Use **should** or **shouldn't** and the words in brackets.

1 Billy wants to save money. (spend all his pocket money)

He shouldn't spend all his pocket money.

2 Fin has hurt his leg. (play football)

He \_\_\_\_\_

3 Linda wants to get a good school report. (work hard in class)

She \_\_\_\_\_

4 Penny wants to be healthy. (buy sweets and biscuits)

She \_\_\_\_\_

5 William wants to help his Mum and Dad. (tidy his room)

He \_\_\_\_\_

6 The teacher wants her students to learn a lot every day. (give lots of homework)

She \_\_\_\_\_

7 The children want to speak good English. (practise a lot)

They \_\_\_\_\_

8 Helen doesn't want any breakfast. (take an apple to school)

She \_\_\_\_\_

**1 Write statements or questions and short answers. Use the present perfect.**

1 I / switch off / the computer

I've switched off the computer.

2 we / not finish / our school project

3 Holly / tidy / her room / ? / ✓

4 George and Theo / not put / the books away

5 Eric / make / his bed today / ? / ✗

6 Dad / print / all the documents

7 we / search / the Internet for the information / ? / ✗

8 Gemma / not log on / today

**2 Write statements or questions and short answers. Use the present perfect and **go**.**

1 ever / Heidi / America / ? / ✓

Has Heidi ever been to America? Yes, she has.

2 Mr and Mrs Cooke / Africa / never

3 Jasper / ever / Australia / ? / ✗

4 Lily and Marion / never / America

5 Frank / Australia / ever / ? / ✓

6 ever / Andy and Theo / Africa / ? / ✗

3 Look at the pictures. Write sentences. Use **should** and **shouldn't**.

~~eat so many sweets~~ do more exercise work so hard  
drink some water spend all day playing computer games



You shouldn't eat so many sweets.



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_

4 Look at the chart. Complete the sentences. Use **could**, **couldn't**, **can** or **can't**.

	Five years ago	Now
Tim / play the guitar	✗	✓
I / speak French	✗	✓
we / cook	✗	✓
you / speak English	✗	✓
Grandma and Grandpa / walk a long way	✓	✗
we / play in the afternoon	✓	✗

- 1 Five years ago, Tim couldn't play the guitar. Now, he can.
- 2 Now, I can speak French. Five years ago, I couldn't.
- 3 Five years ago, we couldn't cook. Now, we can.
- 4 Five years ago, you couldn't speak English. Now, you can.
- 5 Five years ago, Grandma and Grandpa couldn't walk a long way. Now, they can.
- 6 Now, we can play in the afternoon. Five years ago, we couldn't.