

# MỤC LỤC

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# UNIT 1

# LEISURE ACTIVITIES

## A. PHONETICS

I. Write *pr* or *br* to complete the words, then put them into the correct columns.

__ush	__ize	__eakfast	__ick
a__icot	__anch	__ogram	__esident
li__ary	__ice	__ocoli	__oblem
__oject	__acelet	__onze	__ince

/br/	/pr/
_____	_____
_____	_____
_____	_____

II. Complete the sentences with the words in part I. Then practise saying them.

- The statue of \_\_\_\_\_ Ho Chi Minh is made of \_\_\_\_\_.
- I'm going to paint the fence. Have you got any paint \_\_\_\_\_?
- She won first \_\_\_\_\_ in a poetry competition.
- An \_\_\_\_\_ is a small, round, soft fruit with an orange-yellow skin.
- \_\_\_\_\_ and princess are the titles to call the children of a king.
- The outer wall of Saigon Notre Dame Cathedral was built with red \_\_\_\_\_.
- Nowadays, traffic is a serious \_\_\_\_\_ in big cities.
- She has some \_\_\_\_\_ in her jewellery box.

## B. VOCABULARY AND GRAMMAR

I. Look at the pictures and write the name of the activities.

relaxing	texting	playing games	doingDIY	hanging out
reading	window shopping	making crafts	making origami	surfing the net



- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



5. \_\_\_\_\_



6. \_\_\_\_\_



7. \_\_\_\_\_



8. \_\_\_\_\_



9. \_\_\_\_\_



10. \_\_\_\_\_

## II. Complete the sentences with the words in part I.

- I really enjoy \_\_\_\_\_ comic books when I have no work to do.
- He enjoyed sitting in his armchair, \_\_\_\_\_ and reading the newspaper.
- She was always on her phone talking and \_\_\_\_\_.
- Internet addicts spend too much time \_\_\_\_\_.
- \_\_\_\_\_ has become very popular with teenagers, especially online games.
- Helen fancies \_\_\_\_\_ with her friends at weekends.
- He's useless at \_\_\_\_\_. He won't even put up a shelf.
- Trang is fond of \_\_\_\_\_. She made lots of beautiful bead bracelets and necklaces.
- \_\_\_\_\_ is many girls' favourite pastime. They take pleasure in looking at the goods displayed in shop windows.
- My sister is very good at \_\_\_\_\_. She can fold paper into animals, birds, flowers, etc.

## III. Put the words into the correct category.

a comedy, a skill, hanging out, going to the gym, aerobics, collecting books, the news, visiting relatives, a book, a language, a poem, judo, chatting, making crafts, the newspaper, having meals together, gardening, a musical instrument, skating, a drama, visiting museums, going to a fashion show, doing DIY projects, volleyball, texting, a game show

1. Going to an event/ place	
2. Having hobbies	
3. Learning something	
4. Playing sports	
5. Reading	
6. Socializing with friends	



7. Spending time with family	<b>Giaoandethitienganh.info</b>
8. Watching TV	

**IV. Write the correct “netlingo” abbreviation according to its meaning.**

WF B4N S2U WBU T2UL EZ THX J4F FYI LOL NUFF DYLI GR8 BTW OMG 2nite

- |                            |                               |
|----------------------------|-------------------------------|
| 1. easy _____              | 2. What about you? _____      |
| 3. Same to you _____       | 4. Rye for now _____          |
| 5. Talk to you later _____ | 6. tonight _____              |
| 7. By the way _____        | 8. for your information _____ |
| 9. enough _____            | 10. Do you love it? _____     |
| 11. Oh my God _____        | 12. Great _____               |
| 13. just for fun _____     | 14. Thanks _____              |
| 15. way fun _____          | 16. Laughing Out Loud _____   |

**V. Complete the sentences with the words in the box.**

leisure virtual satisfied weird addicted hooked relaxing fun

- It is very \_\_\_\_\_ to lie on the beach, and listen to the sound of the waves.
- That's \_\_\_\_\_ - I thought I'd left my keys on the table but they're not there.
- Many teens are \_\_\_\_\_ on social networks like Facebook, Twitter and Instagram.
- The website allows you to take a \_\_\_\_\_ tour of the art gallery.
- He was not \_\_\_\_\_ with the camera, so he took it back to the store.
- Bird-watching is an increasingly popular \_\_\_\_\_ activity.
- Hanging out with friends is \_\_\_\_\_. I really enjoy it.
- Are you \_\_\_\_\_ to Facebook, Twitter, Tumblr, or Instagram?

**VI. Complete the sentences with the correct form (to-infinitive or -ing form) of the verbs in the box. Some verbs can be followed by either a to-infinitive or an -ing form.**

stay make watch do cycle eat hang out travel get read

- My brother loves \_\_\_\_\_ live football on TV.
- Do people in your country like \_\_\_\_\_ abroad on vacation?
- Riding a bike is Lan's pleasure, but she detests \_\_\_\_\_ in the rain.
- I don't mind \_\_\_\_\_ at home to look after the children.
- As a child, he hated \_\_\_\_\_ books, but now he finds it enjoyable.
- Minh is in good shape. He enjoys \_\_\_\_\_ sport and exercise.
- She doesn't like \_\_\_\_\_ up early in the morning, especially at the weekend.
- Emily dislikes \_\_\_\_\_ crafts, but she enjoys origami.
- I fancy \_\_\_\_\_ out tonight because I'm too tired to cook.

10. Nancy adores \_\_\_\_\_ with her best friend Helen.

**VII. Complete the sentences with the *to-infinitive* or *-ing* form of the verbs in brackets.**

1. I have enjoyed \_\_\_\_\_ (meet) you. Hope \_\_\_\_\_ (see) you again soon.
2. My father is not keen on coffee. He prefers \_\_\_\_\_ (drink) tea.
3. I am a little busy. Would you mind \_\_\_\_\_ (wait) a little longer?
4. Mobile games are great, but I don't like \_\_\_\_\_ (play) them for too long.
5. If I can choose, I prefer \_\_\_\_\_ (stay) at home to \_\_\_\_\_ (play) sport.
6. Tonight I'd like \_\_\_\_\_ (go) out, but I have to do my homework.
7. Sue loves \_\_\_\_\_ (make) origami. She can fold some animals, birds and flowers.
8. I detested \_\_\_\_\_ (spend) two hours every day travelling to work and back.
9. He started \_\_\_\_\_ (surf) the net hours ago. Has he stopped \_\_\_\_\_ (surf) yet?
10. I tried hard \_\_\_\_\_ (concentrate), but my mind kept \_\_\_\_\_ (wander).

**VIII. Complete the correct answer a, b, c or d.**

1. How much time do you spend \_\_\_\_\_ TV every day?  
a. watch                      b. to watch                      c. watching                      d. in watching
2. I'd hate \_\_\_\_\_ the exams, so I'm doing my best.  
a. failing                      b. to fail                      c. fail                      d. failed
3. I always enjoy \_\_\_\_\_ to my grandfather. He always tells me great stories.  
a. to talk                      b. to talking                      c. talking                      d. talk
4. Could you help me \_\_\_\_\_ the kitchen? It's a real mess!  
a. tidy                      b. tidied                      c. tidying                      d. with tidying
5. Steven dislikes \_\_\_\_\_, so he usually takes a bus to work.  
a. to drive                      b. to be driven                      c. be driven                      d. driving
6. Jane prefers \_\_\_\_\_ music than to listen to it.  
a. playing                      b. play                      c. to play                      d. played
7. Marlene can't wait \_\_\_\_\_ to the beach again.  
a. to go                      b. going                      c. for going                      d. go
8. I really regret \_\_\_\_\_ this computer – it's useless.  
a. buy                      b. to buy                      c. buying                      d. for buying
9. Your child needs \_\_\_\_\_ some weight. Tell him \_\_\_\_\_ less junk food and more exercise.  
a. to lose - eat                      b. to lose - to eat                      c. losing - to eat                      d. losing - eat
10. I would love \_\_\_\_\_ to your party! Thank you for inviting me.  
a. come                      b. coming                      c. to come                      d. came

**IX. Complete the passage with the words from the box.**

therefore    in short    although    secondly    then    thirdly    in addition    firstly

The number of people running has decreased (1) \_\_\_\_\_ running provides many benefits for health. The following advantages will help you decide if you want to try.

(2) \_\_\_\_\_, running helps to improve physical body. For instance, it builds a good condition of lungs, promotes bone health, reduces stress levels. (3) \_\_\_\_\_, running reduces blood pressure while improves blood flow.

(4) \_\_\_\_\_, it is a good choice for weight loss. A medium level of running can result in weight loss.

(5) \_\_\_\_\_, running is a low cost activity. You only need a quality pair of athletic shoes. You can run outdoors, in your neighbourhood or at local parks. (6) \_\_\_\_\_, you can meet your exercise goals without going to a gym centre.

(7) \_\_\_\_\_, it's worth running whether in every morning or in any free time. You don't need a big start, but 15 minutes each day. (8) \_\_\_\_\_ add 5 minutes every week until it reaches 60 minutes. You will never see the fantastic outcome if you don't give it a try.

**X. Fill in each blank with a suitable preposition.**

1. I first got hooked \_\_\_\_\_ video games when I was eight.
2. The library allows you to check \_\_\_\_\_ six books at a time.
3. Carpentry isn't right \_\_\_\_\_ my street. I'd rather pay someone else to do it.
4. Could you help me look \_\_\_\_\_ my contact lens?
5. What do you usually do \_\_\_\_\_ your leisure time?
6. A lot of kids nowadays have become addicted \_\_\_\_\_ surfing the net.
7. We work \_\_\_\_\_ volunteers for an animal protection organization.
8. He spends most of his free time looking \_\_\_\_\_ the garden.
9. Today, teenagers rely \_\_\_\_\_ technology more than in the past.
10. Surfing the Net too many hours can be harmful \_\_\_\_\_ your health.

**C. SPEAKING**

**I. Write questions for the underlined parts.**

1. A: \_\_\_\_\_  
B: My mother watches films every afternoon.
2. A: \_\_\_\_\_  
B: They went to the movies yesterday evening.
3. A: \_\_\_\_\_  
B: I love hanging out with my best friend Helen.
4. A: \_\_\_\_\_  
B: I don't give my personal information to websites because it's easy to be stolen.
5. A: \_\_\_\_\_  
Children should spend less than 2 hours a day on screens.
6. A: \_\_\_\_\_  
B: Do-it-yourself (DIY) is the most popular pastime in my country.
7. A: \_\_\_\_\_  
B: The art of paper folding originated in China.
8. A: \_\_\_\_\_  
B: *I vs 100* game show lasts ninety minutes.

**II. Put the dialogue into the correct order.**

\_\_\_ What types of books do you like most?

\_\_\_ Well, reading gives me much pleasure and knowledge. Books are a rich source of information, you know.



- \_\_\_ Yeah, it's my favourite pastime.
- \_1\_ Hello! Where are you going?
- \_\_\_ Comic books, science fiction novels, story books, etc. I also like to draw and paint in my leisure time.
- \_\_\_ What an enjoyable pastime you have!
- \_\_\_ Hi! I'm going to the book store to buy some books.
- \_\_\_ Nice! You're so talented!
- \_\_\_ You enjoy reading, don't you?
- \_\_\_ I spend my leisure time gardening. I have planted many different types of flowers, plants, and trees in my garden.
- \_\_\_ Thanks. What do you enjoy doing in your spare time?
- \_\_\_ I don't like reading at all. Why do you like reading?

## D. READING

### I. Fill in each blank with a word from the box.

models    by    through    origami    together    upstream    folding    taught

Origami is the Japanese word for paper (1)\_\_\_\_\_. ORI means to fold and KAMI means paper. (2)\_\_\_\_\_, they form the word, "origami." It is an art form that has been handed down from parent to child (3)\_\_\_\_\_ many generations. Origami involves the creation of paper forms usually entirely (4)\_\_\_\_\_ folding. Animals, birds, fish, geometric shapes, puppets, toys and masks are among the (5)\_\_\_\_\_ that even very young children can learn to make in just one sitting.

In Japan, at one time origami was (6)\_\_\_\_\_ in schools but today, children are generally taught origami at home. Holidays are celebrated with colorful (7)\_\_\_\_\_ decorations made by the family. On children's day (formerly boy's day), children make colorful carp: a fish that swims (8)\_\_\_\_\_, against the current. This symbolizes strength.

### II. Read the text carefully, then do the tasks.

The British spend their free time in different ways. People generally use it to relax, but many people also do voluntary work, especially for charities.

A lot of free time is spent in the home, where the most popular leisure activity is watching television, the average viewing time being 25 hours per week. Reading is also a favourite way of spending leisure time. The British spend a lot of time reading newspapers and magazines. In the summer gardening is popular, and in winter it is often replaced by 'do-it-yourself', when people spend time improving or repairing their homes.

Some leisure activities are mostly or entirely social. Inviting friends for a drink or a meal at home is the most usual one. Sometimes people join friends for a drink in a pub, or have dinner in a restaurant.

The extra time available at weekends means that some leisure activities, many of them to do with sport, normally take place only then. Traditional spectator sports include football, cricket, horse racing, motor racing and motorcycle racing. Popular forms of exercise are swimming, tennis, ice skating or roller-skating, cycling, climbing, and hill or country walking.

Families often have a 'day out' at the weekend, especially in summer, with a visit to a local event such as a festival, fair or show. Young people especially go to clubs and discos, while people of all ages go to the theatre, the cinema, art exhibitions and concerts.

**A. Decide whether the following sentences are true (T) or false (F).**

1. Many British people use their free time to help people in need.
2. In the summer, the British prefer indoor activities.
3. All free time activities are individual activities.
4. Most British people watch or do sports at the weekend.
5. Sometimes people go with their friends to a pub or restaurant.
6. British young people don't like going to the movies.

**B. Answer the questions.**

1. What's the most popular free time activity in the UK?

\_\_\_\_\_

2. How many hours a week do the British watch TV?

\_\_\_\_\_

3. In winter, what do the British often do in their spare time?

\_\_\_\_\_

4. Which sports do many British people enjoy watching?

\_\_\_\_\_

**E. WRITING**

**I. Write sentences with the cues given.**

1. Mai/ usually/ listen/ K-pop music/ free time.

\_\_\_\_\_

2. when/ I/ be/ a child/ I/ enjoy/ play/ computer games.

\_\_\_\_\_

3. my father/ spend/ most/ spare time/ look after/ the garden.

\_\_\_\_\_

4. watching TV/ most/ popular/ leisure activity/ Britain?

\_\_\_\_\_

5. many teenagers/ addicted/ the Internet/ computer games.

\_\_\_\_\_

6. she/ get/ hooked/ the medical drama/ after/ watch/ the first episode.

\_\_\_\_\_

7. most/ my friends/ prefer/ play sports/ to/ surf the net.

\_\_\_\_\_

8. today's world/ teenagers/ rely/ technology/ more/ the past.

\_\_\_\_\_

**II. Write the second sentence so that it has a similar meaning to the first one.**

1. It takes us more than two hours to see the film "Avatar".

The film "Avatar" \_\_\_\_\_

2. She likes to hang out with friends on Saturday evening.

She's interested \_\_\_\_\_



3. She only allows her children to watch television at weekends.  
She only lets \_\_\_\_\_
4. Could you help me with this box?  
Would you \_\_\_\_\_
5. DIY skills aren't as hard to learn as I think.  
DIY skills are \_\_\_\_\_
6. Who will take care of the garden while you are away?  
Who will look \_\_\_\_\_
7. How about going window-shopping this afternoon?  
Shall \_\_\_\_\_
8. What leisure activity do you like most?  
What's \_\_\_\_\_

### TEST FOR UNIT 1

#### I. Choose the word whose underlined part is pronounced differently from the others.

- |                          |                        |                     |                        |
|--------------------------|------------------------|---------------------|------------------------|
| 1. a. <u>s</u> ound      | b. <u>o</u> ut         | c. <u>f</u> ound    | d. en <u>o</u> ugh     |
| 2. a. br <u>a</u> celet  | b. f <u>a</u> avourite | c. cr <u>a</u> ft   | d. g <u>a</u> me       |
| 3. a. le <u>i</u> sure   | b. <u>s</u> ure        | c. <u>s</u> hopping | d. so <u>c</u> ialise  |
| 4. a. tr <u>i</u> ck     | b. k <u>i</u> t        | c. add <u>i</u> ct  | d. v <u>i</u> rtual    |
| 5. a. satisf <u>i</u> ed | b. hook <u>e</u> d     | c. bor <u>e</u> d   | d. socialis <u>e</u> d |

#### II. Choose the odd one out.

- |                      |                      |                   |                   |
|----------------------|----------------------|-------------------|-------------------|
| 1. a. socializing    | b. communicating     | c. hanging out    | d. skateboarding  |
| 2. a. having savings | b. collecting stamps | c. making origami | d. doing DIY      |
| 3. a. a thriller     | b. a comedy          | c. a skill        | d. a reality show |
| 4. a. J4F            | b. 2moro             | c. tonight        | d. goin'          |
| 5. a. magazine       | b. mobile game       | c. newspaper      | d. book           |
| 6. a. virtual        | b. harmful           | c. creative       | d. leisure        |

#### III. Complete each sentence with an appropriate word.

1. How much time do you spend \_\_\_\_\_ the Web a day?
2. One of Jesse's favourite \_\_\_\_\_ activities is swimming.
3. \_\_\_\_\_ exercise is good for your health.
4. What is his \_\_\_\_\_ address? ~ It's ejohnson123@yahoo.com.
5. She enjoys making \_\_\_\_\_. She has a collection of handmade items.
6. They loves reading \_\_\_\_\_ such as Doraemon and Lucky Luke.
7. Would you \_\_\_\_\_ closing the window? It's cold.
8. My son's \_\_\_\_\_ to computer games – he hardly ever comes out of his room.

#### IV. Choose the best answer a, b, c or d to complete the sentence.

1. How much time do you spend \_\_\_\_\_ leisure activities?  
a. on                      b. in                      c. for                      d. with
2. Why don't you apply for this job? It looks right \_\_\_\_\_ your street.