



1.3 SECTION 3 Questions 21–30

Questions 21–26

Complete the notes below.

Write **NO MORE THAN TWO WORDS AND/OR A NUMBER** for each answer.

Sports psychology

- Studying the impact of exercise on
21
- Study involved 22 participants
- Group 1 necessary to 23 other groups against.
- Group 2 went 24 twice a week.
- Group 3 participated in 25 sports.
- The majority of Group 4 did either 26 or climbing.



Questions 27–30

Complete the table below.

Write **NO MORE THAN TWO WORDS AND/OR A NUMBER** for each answer.

Results of the study

Group	Impact
Group 1	Had 27 on how participants felt
Group 2	Demonstrated a 28 fall in stress levels
Group 3	Showed the 29 in stress levels
Group 4	The results 30 a lot between different individuals.