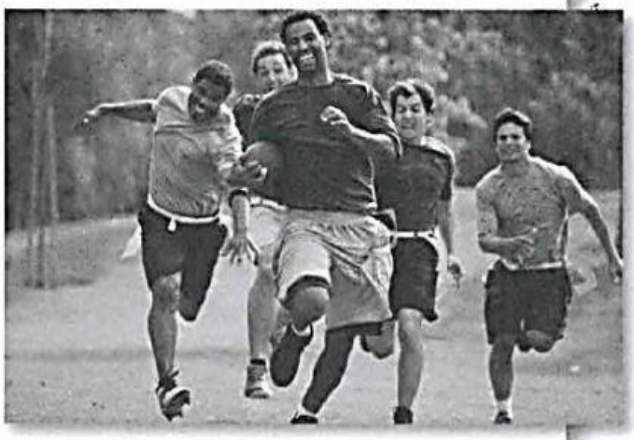
1.3 SECTION 3 *Questions 21–30*



Questions 21–26

Complete the notes below.

*Write **NO MORE THAN TWO WORDS AND/OR A NUMBER** for each answer.*

Sports psychology

- Studying the impact of exercise on **21** .....
- Study involved **22** ..... participants
- Group 1 necessary to **23** ..... other groups against.
- Group 2 went **24** ..... twice a week.
- Group 3 participated in **25** ..... sports.
- The majority of Group 4 did either **26** ..... or climbing.

Questions 27–30

Complete the table below.

*Write **NO MORE THAN TWO WORDS AND/OR A NUMBER** for each answer.*

Results of the study

Group	Impact
Group 1	Had **27** ..... on how participants felt
Group 2	Demonstrated a **28** ..... fall in stress levels
Group 3	Showed the **29** ..... in stress levels
Group 4	The results **30** ..... a lot between different individuals.

LIVEWORKSHEETS