

Name: _____

Choose the correct definition for

1. Prenatal care _____

2. Post natal care _____

Place the components under the correct headings

Nutrition	follow up	medical care
advice during AN visit	health education	
management of minor ailment	clinical assessment	
Family planning service		

Prenatal care	Postnatal care

Place the importance of prenatal and postnatal care under the correct headings.

Promotes mother's health	offers counseling
promote the physical well-being of the mother and baby	
to ensure physiological changes are occurring normally	
Spots complication early on	
lower risk of low birth weight, premature baby or neonatal death	
ensure healthy weight gain	
to teach care of the baby and strengthen the woman's confidence in herself	

Prenatal care	Postnatal care