

Name: _____

Choose the correct definition for

1. Prenatal care _____

2. Post natal care _____

Place the components under the correct headings

Nutrition

follow up

medical care

advice during AN visit

health education

management of minor ailment

clinical assessment

Family planning service

Prenatal care	Postnatal care

Place the importance of prenatal and postnatal care under the correct headings.

Promotes mother's health

offers counseling

promote the physical well-being of the mother and baby

to ensure physiological changes are occurring normally

Spots complication early on

lower risk of low birth weight, premature baby or neonatal death

ensure healthy weight gain

to teach care of the baby and strengthen the woman's confidence in herself

Prenatal care	Postnatal care