

PHYSICAL ACTIVITY VERBS

Instruction: Write the body parts in Spanish.

English	Spanish	English	Spanish
Run		Breathe	
Jog		Push	
Throw		Pull	
Catch		Hold	
Train		Pick up	
Exercise		Put down	
Warm up		Lie	
Lift		Crawl	
Sweat		Bend	
Stretch		Ride	
Kick		Take	
Punch		Recover	
Jump		Flex	
Dive		Drink	
Play		Eat	

*Florez, K.
English Instructor*