

1.- HEALTHY HABITS: Choose a definition for each of the following sentences:

VIRUS FIRST AID PHYSICAL ACTIVITY SLEEP ENOUGH EAT HEALTHY
 KEEP CLEAN PREVENTION PYRAMID FOOD

- Wearing your face mask:
- A diagram that shows what a balanced diet is:
- Emergency treatment of an injured person:
- Washing your body to remove dirt, bacteria and sweat:
- An organism that causes disease:
- Keeping a balanced diet:
- It keeps our muscles in good condition:
- It helps your body rest:

2.- FIRST AID KIT MATCHING: Match each word with its function. Click on the name to check pronunciation.

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|-----------------------------------|--|
| SCISSORS <input type="radio"/> | <input type="radio"/> To measure body temperature |
| THERMOMETER <input type="radio"/> | <input type="radio"/> To cover wounds after disinfection |
| BANDAGES <input type="radio"/> | <input type="radio"/> To cut bandages, gauze pads, etc |
| GAUZE PADS <input type="radio"/> | <input type="radio"/> To take out thorns from the skin |
| ALCOHOL <input type="radio"/> | <input type="radio"/> To sterilize instruments |
| TWEEZERS <input type="radio"/> | <input type="radio"/> To immobilize a twisted joint |

3.- FIRST AID KIT PICTURES: Write the names of these items:



(Prepared by Teacher Muhammed Kazim Raza)