# AMERICANS FAT AND THIN

Over the past 50 years, obesity has become a major health problem in the USA.

One of the things that most surprises Europeans who ____ foot in the USA for the first time is the huge number of fat people. Not just "fat" people, _____ as one finds all over Europe too, people who are just a little bit overweight and happy to be so; but people of sometimes massive proportions, obese people who are not just twenty or thirty pounds heavier than they should be, but sixty or seventy or eighty pounds _____ normal, even children. Fifty years ago, Americans were not overweight in the way they are today; so what is it that has brought _____ this change? _____ to statistics from the American Center for Disease Control, at _____ a third of all Americans today (2008) can be considered obese — that is more than 25 pounds overweight for women, and 30 for men. Worse still, 21% of young people _____ the ages of 12 and 19, the age at _____ people should normally be most concerned about their looks, are obese, compared to only 6% in the 1970s.

LIVEWORKSHEETS