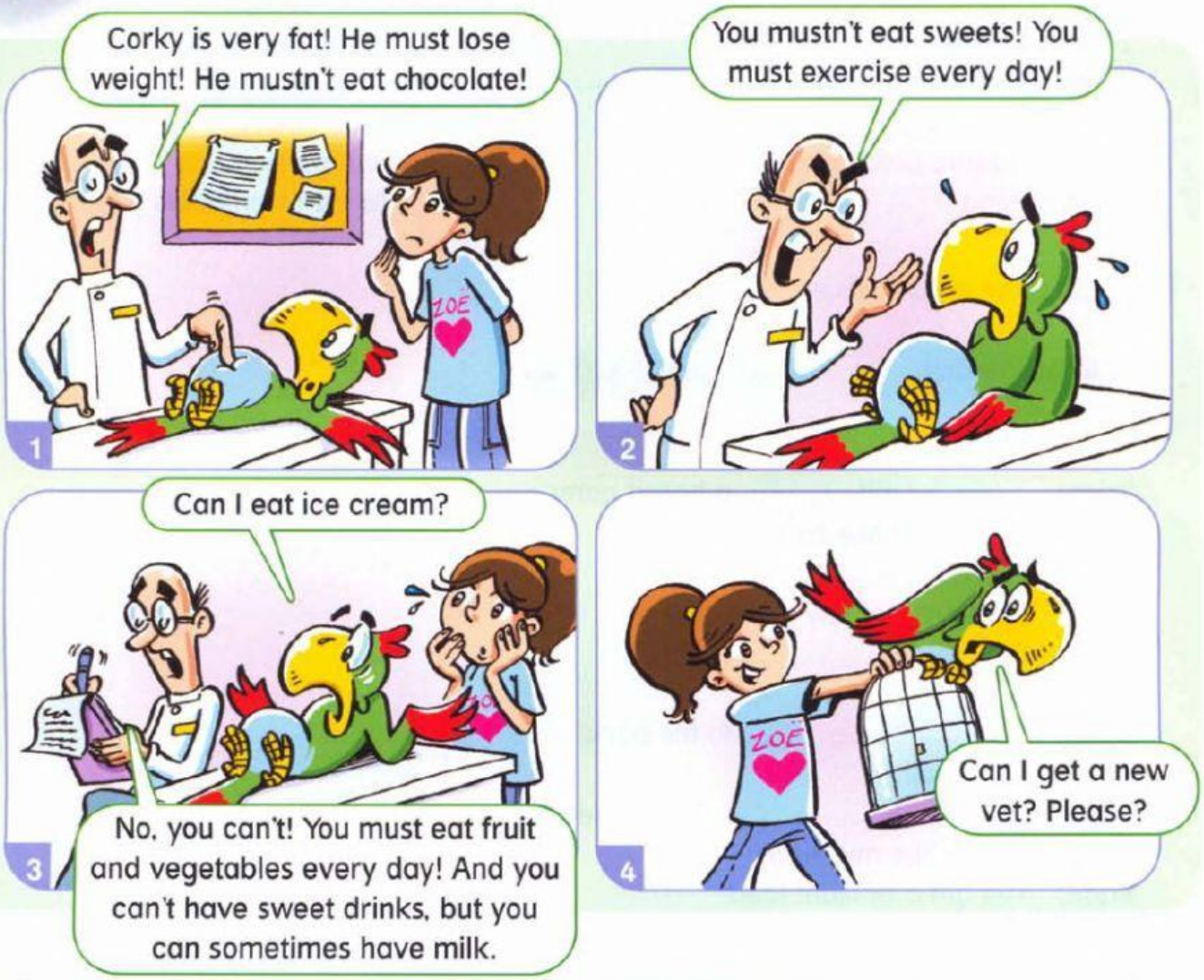
# 19 must, can




| Positive | | |
|---|---|---|
| I / You / We | must | eat fruit and vegetables. |
| He / She / It | can | have milk. |

| Negative | | |
|---|---|---|
| I / You / We | mustn't | eat chocolate. |
| He / She / It | can't | have sweet drinks. |

| Questions | | |
|---|---|---|
| Can | I / you / we / he / she / it | eat chocolate? |

- Use *must* when it is necessary and important to do something:
  *You **must** exercise every day! = Exercise every day!*
- Use *mustn't* when it is important NOT to do something:
  *You **mustn't** eat sweets! = Don't eat sweets!*
- Use *can* to ask for and give permission. Use *can't* to say No.
  ***Can** I eat ice cream? No, you **can't**.*
  *You **can't** have fizzy drinks.*

LIVEWORKSHEETS

## 3 Read and write sentences with *must*, *mustn't* and *can*.

Dr M.K. Sour
12 Willow Rd,
London N16 5BL

**DOCTOR'S LIST**

| Every day! | Sometimes | Never! |
|---|---|---|
| fruit | fruit juice | chocolate |
| vegetables | milk | sweets |
| water | cake | fizzy drinks |

1 fruit Corky must eat fruit every day.
2 fruit juice Corky can sometimes drink fruit juice.
3 chocolate Corky mustn't eat chocolate.
4 milk Corky .....
5 sweets Corky .....
6 vegetables Corky .....
7 cake Corky .....
8 fizzy drinks Corky .....
9 water Corky .....

## 4 Read and complete with *must*, *mustn't*, *can* and the verb in brackets.

1 Mum: Get ready, Brian. We're going to the National Gallery.
Brian: Mum, [1] can I take (take) my camera?
Mum: Yes, you [2] can, but you [3] ..... (take) photos in the gallery.

2 Corky: [4] ..... I ..... (watch) TV?
Zoe: No, you [5] ....., Corky. You [6] ..... (exercise) now.
Corky: [7] ..... we ..... (go) to the park, then?
Zoe: Good idea.

3 Dave: I'm going to the library.
Suzie: [8] ..... I ..... (come) with you?
Dave: Yes, you [9] ....., Suzie, but you [10] ..... (be) very quiet.



LIVEWORKSHEETS

## 5 Choose and complete with *must*, *mustn't*, *can* and a verb from the box.

~~have~~ eat (x 2) sit go sleep play drink exercise

**RULES FOR GOOD HEALTH by Zoe Baker**

We [1] must have ..... a good breakfast every morning. We [2] ..... fruit and vegetables and we [3] ..... eight glasses of water every day.
We [4] ..... sometimes ..... sweets and chocolate but not very often.

We [5] ..... on a chair all day – we [6] ..... . We [7] ..... a sport, walk or ride our bikes.
We [8] ..... to bed late.
We [9] ..... for eight hours every night.

Zoe

## 6 Complete with one or two words.

Hi Brian!
I'm staying with my grandmother for a few days. I love staying here because I [1] can ..... usually do things I can't do at home! For example, at home I [2] ..... go to bed before half past nine. At Granny's I [3] ..... go to bed at eleven! She has her rules, though: I [4] ..... eat all my vegetables, I [5] ..... wear my shoes in the house and I [6] ..... play loud music (it's OK – I've got my i-pod). I [7] ..... play computer games, though!
At home I [8] ..... only play computer games at the weekend.
Sam

## 7 Write.

You are staying with your grandparents. Write an e-mail to a friend about the rules in their house. Use Sam's e-mail in Exercise 6 and the ideas below.

go to bed / eat (favourite food) / play computer games / tidy your room
watch TV / go out with your friends / listen to music

Dear .....
I'm staying with my ..... for a few days. I ..... staying here because ..... usually do things I ..... do at home. For example, .....
They have their rules, though. .....
.....


LIVEWORKSHEETS