

Bahan Ajar dan Lembar Kerja Peserta Didik

Kelas IX: *Label of Food/drink/medicine*

SMPN 2 Banjarwangi - Kab. Garut

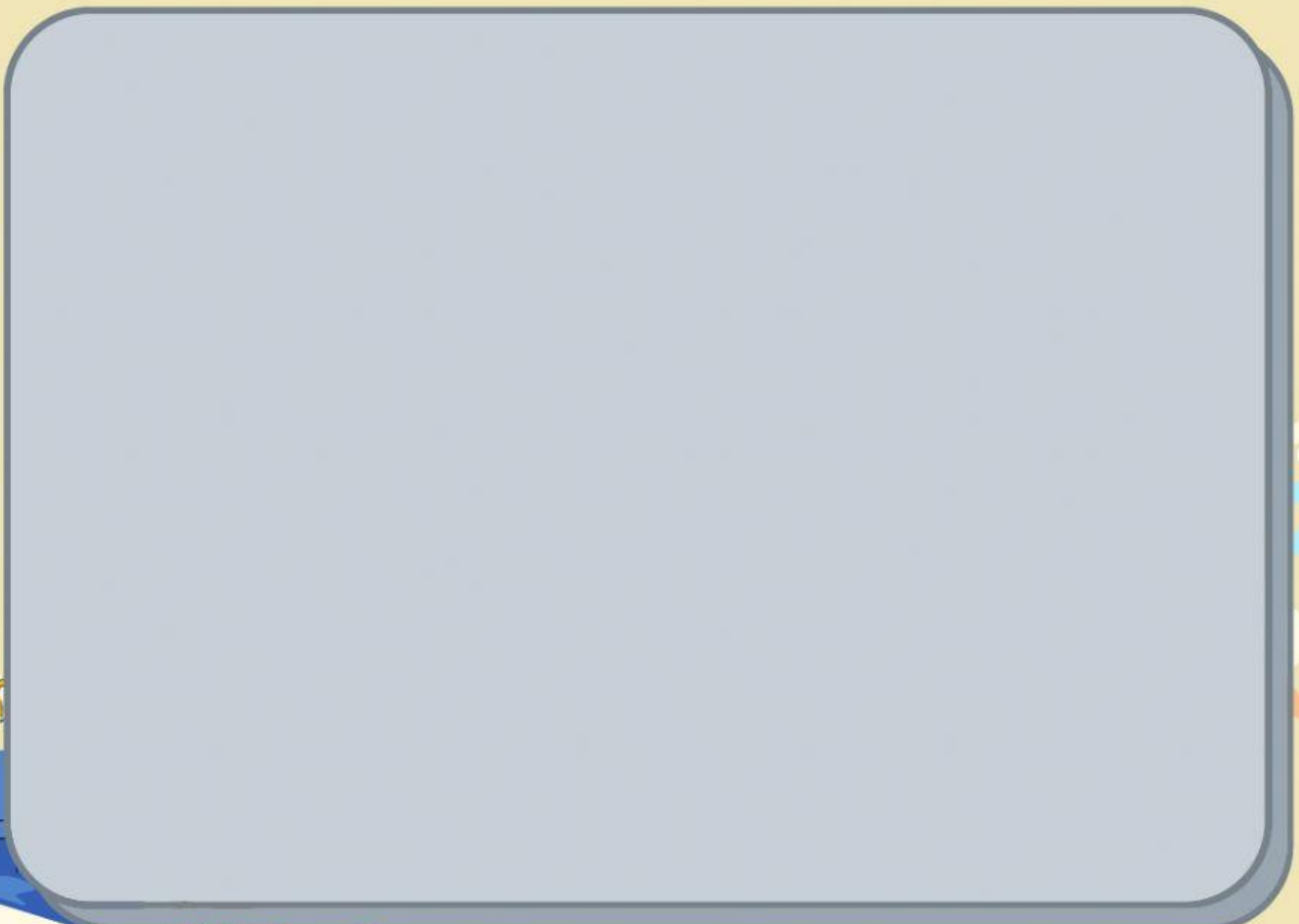
Name :

Class :

- Melalui tayangan video di bawah ini, siswa dapat menemukan informasi terkait *label of food/drink/medicine*.
- Dengan menggunakan media realia dan video pada media interaktif *liveworksheet*, siswa dapat membandingkan terkait *label of food/drink/medicine* secara kontekstual.
- Melalui model pembelajaran *Project Based Learning*, siswa mampu membuat sebuah produk berupa *label of food/drink*.
- Melalui model pembelajaran *Project Based Learning*, siswa dapat mempresentasikan produk label makanan/minuman.

Activity 1

Let's watch the video.



Activity 2

LEMBAR KERJA PESERTA DIDIK

A. Choose the best answers for the following questions.

The following picture is for questions 1-4.



Baked!
Ruffles
Original
NATURALLY BAKED
POTATO CRISPS

Ingredients: Dehydrated Potatoes, Modified Food Starch, Corn Oil, Sugar, Salt, Soy Lecithin, Leavening (Monocalcium Phosphate and Sodium Bicarbonate), and Dextrose.
No Preservatives.

Nutrition Facts
Serving Size 1 oz. (28g) (About 10 crisps)
Servings Per Container 10

Amount Per Serving	
Calories 120	Calories from Fat 30
% Daily Values*	
Total Fat 3g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	8%
Total Carbohydrate 21g	7%
Dietary Fiber 2g	6%
Sugars 2g	
Protein 2g	

Vitamin A 0%	Vitamin C 6%
Calcium 4%	Iron 0%
Thiamin 4%	Niacin 6%
Vitamin B6 4%	Phosphorus 8%
Zinc 2%	

* Percent Daily Values are based on a 

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 30g	35g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

- What is the name of the product?
A. Nutrition facts C. Baked Ruffles Original
B. Potato Crisps D. Potatoes
- What is the brand of the product?
A. Nutrition facts C. Baked Ruffles Original
B. Potato Crisps D. Potatoes
- Which one is not the ingredients of the product?
A. Sugar C. Corn oil
B. Soy lechitin D. Flour
- The product does not contain.....
A. Iron C. Sugar
B. Sodium D. Zinc

The following picture is for questions 5-7.



5. How much is the content of the product?
- A. 170 g C. 150 g
B. 2 g D. 25 g
6. How is the storage of the product?
- A. Keep in the container
B. Keep in a glass
C. Keep in the hot place
D. Store in the refrigerator

7. What is yoplait?

- A. Mineral water B. Low fat yogurt C. Milk D. Strawberry



The following picture is for questions 8-10.

8. The product is to relieve.....
- A. cough C. fever
B. headache D. stomachache
9. How many times can adults consume this products every day?
- A. 10 times C. 12 times
B. 14 times D. 2 times
10. "Store below 25° C" means..... 25° C
- A. We must keep this product above 25° C C. We must keep it under sun light.
B. We must keep this product under 25° C D. We must keep it in the freezer

B. Match with parts of product

1

2

3

4

5

Barsotti
FAMILY JUICE CO.

100% JUICE

Nutrition Facts
8 servings per container
Serving Size 8 FL.Oz (240mL)
Amount Per Serving
Calories 110
% Daily Values*
Total Fat 0g 0%
Saturated Fat 0g 0%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 0mg 0%
Total Carbohydrate 26g 9%
Dietary Fiber 0g 0%
Total Sugars 21g
Includes 0g Added Sugars 0%
Protein 2g 4%
Vitamin D 0mcg 0%
Calcium 22mg 2%
Iron 0.3mg 2%
Potassium 347mg 8%
Vitamin C 62mg 70%
* % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

NOT FROM CONCENTRATE
NO PRESERVATIVES
NO ADDED SUGARS*
*Not a reduced calorie food. See nutrition facts for sugar & calorie content.
SHAKE BEFORE SERVING
Juice naturally separates

KEEP REFRIGERATED
USE UNEXPIRED PRODUCT WITHIN 7 DAYS OF OPENING

Hidden among the orchards and pines in the Sierra foothills of Northern California ... we handcraft our juices, ciders, and blends in small batches at our family ranch. Barsotti's has been an Apple HillSM tradition since 1976!

Exp date: 200622

have a plantTM
fruitsandveggies.org

Ingredients: Freshly Squeezed Oranges, Flash Pasteurized

Barcode: 0 28165 00084 0

64 fl oz (1/2 GAL.) 1.89L

Barsotti Juice Co., Inc.
An Apple Hill Farm
Camino, CA 95709
(530) 622-4629
www.barsottijuice.com

Direction to use

Brand of product

Expired date

Direction to store

Net weight/content

Activity 3

Creating a Product (Designing Label)

1. With your group and by using canva application, create a product about label for the food and drink your teacher gives (Bersama kelompok kalian dan dengan menggunakan aplikasi canva, buatlah sebuah produk tentang label untuk makanan atau minuman yang guru kalian berikan!).
2. Your label product must involve on brand of product, name of product, description of product, amount/net weight, expired date, ingredients, direction to use (optional), direction of storage, nutrition facts, and production place/manufacturer. (Label kalian harus mencakup merk produk, nama produk, deskripsi produk, berat bersih, tanggal kadaluarsa, komposisi, petunjuk penggunaan (opsional), petunjuk penyimpanan, informasi nilai gizi, dan tempat produksi).
3. Design your label as creative as possible (rancanglah label kalian sekreatif mungkin).

Do like the example below (kerjakan seperti contoh di bawah ini!)

Crispy and yummy fried peanuts with the aroma of garlic and lime leaves

Fried Garlic Peanut

SI ECO

Packed on
01.08.22

Best Before
12.01.23

Net weight:
250 g

Produced by: Ameer's meal

Nutrition Facts:

Calories	131 cal
Fat	12 gr
Protein	5 gr
Total Carbohydrates	26 gr
Fiber	1.5 gr

Put in a sealed container or package and store in cool place. Enjoy while eating, or hanging out with your friends. Perfect for every occasion in your daily life.

Ingredients: peanut, salt, garlic, coconut milk, lime leaves, flavor, and vegetable oil.

Here are the lists of food and drink in which students must produce the label for (berikut ini daftar makanan dan minuman dimana siswa harus membuat labelnya).



Kolontong



Opak



Rangining



Comring



Bandrek



Yogurt