



how much food does an average
person eat in a lifetime?

an average person – typical or normal

lifetime – is the period of time when
someone is alive

how much do they drink?

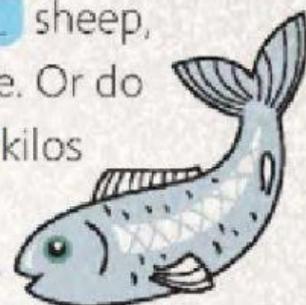


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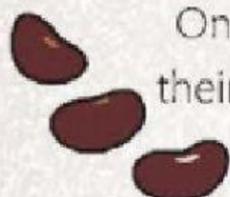
The answer is **A LOT!!!**

Do you eat meat? Meat-eaters in Europe eat ¹ **21** sheep, ² _____ chickens and ³ _____ cows in their lifetime. Or do you prefer fish? Japanese people eat about **69** kilos a year; that's an amazing **4,830** kilos in a lifetime.



If you're a vegetarian, do you like beans?

On average, Brazilians eat about ⁴ _____ kilos of beans in their lives. Beans are popular all around the world, from Latin America to Asia.

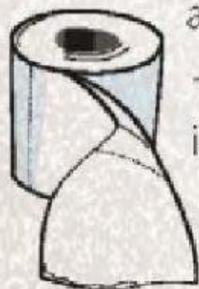


Why is weight a problem for so many people? The average American has about **4,500** kilos of sugar a year, often as part of food and drink. Soft drinks have an average of ⁵ _____ spoonfuls of sugar in a can or bottle. And how many cookies do Americans eat in their lifetime? Over ⁶ _____!



How much water, tea and coffee do people drink?

An average person drinks about ⁷ _____ litres of water in their lifetime. People in the UK drink about ⁸ _____ cups of tea a year, and the top coffee-drinkers in the world are from Finland - they use **13** kilos of coffee beans a year. Maybe it isn't surprising that people use ⁹ _____ rolls of toilet paper a year! That's about ¹⁰ _____ in their lifetime.



fast - doing something at great speed

safe - not dangerous

healthy - is good for your health

easy - has no problems

green - good for nature

convenient - is useful

comfortable - makes you feel physically relaxed

unhealthy - is bad for your health

polluting - make something dirty and dangerous

inconvenient - causes problems

dangerous - is able to hurt you

uncomfortable - makes you feel physical discomfort

difficult - is not easy to do

slow - moves without much speed





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