Choose the most appropriate word to complete the following sentences. There is an example at the beginning (0).

0 If you want to get fit, you should _____ swimming.
A do (B) go C play D make

Nobody could have predicted that France would _____ both the 1998 World Cup and the 2000 European Cup.
A succeed B win C gain D beat

Which team are you going to _____ in the Cup Final?
A support B encourage C accept D promote

When I was young, I wanted to _____ football for England.
A do B make C play D take

4 I _____ jogging to get fit.
A took up B took on C took over D took in

5 If the two teams _____ , there will have to be a re-match.
A even B match C equal D draw

6 If we _____ the game, we'll be out of the competition.
A defeat B lose C fail D withdraw

The players will have to _____ hard over the next few weeks in order to win.
A rehearse B train C learn D study

8 We _____ the other team 4:2.
A won B succeeded C beat D conquered

9 Don't forget to _____ plenty of exercise if you want to stay fit.
A make B play C go D take

10 Our team were _____ by two goals to one.
A won B lost C defeated D destroyed

In the exam ...

You might be asked about the sports you play or enjoy watching, and why you like them so much, or you may have to explain how a game is played. You could also be asked to talk about the most popular sports in your country. In the Writing Paper, you might have to write a letter arranging a sports meeting with a school, or describe an exciting event you attended.

See also: Test 44 Free time activities
Test 45 Health and exercise

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44 Free time activities

A Match the verbs in X with the items in Y. Some verbs can be used more *than once. Here is an example:*

We play cards.

X

play	do	go	collect	make	surf

Y

cards	rock climbing	the internet	postcards	horse riding	
clothes	hiking	shopping	tennis	photography	camping
computer games	chess	jogging	cooking	coins	
swimming	skiing	volleyball	antiques	stamps	the piano
the guitar	things using your hands				

B Now look at these following descriptions and decide what is being talked about. Underline the words which helped you to decide. There is an example at the beginning (0).

0 The best time of the day to do this is early in the morning, before it gets too hot. It's not very expensive; all you need is a good pair of trainers and a bit of stamina. It keeps me very fit.

Jogging

1 I spend most of my free time doing this. I love being able to find out so much information by just pressing a button and looking at a screen. It brings the whole world into your house.

_____

2 I go about twice a week. Everybody says that it's the best way of keeping fit. I usually do about fifteen or twenty lengths. If I stay longer, the chlorine really irritates my eyes.

_____

3 Some of them are really exciting, and as technology gets better, they're becoming more realistic. You can do it on your own, or with other people via the World Wide Web.

LIVEWORKSHEETS

It can be very expensive, since you need to buy things like lenses and a flash. The processing and developing can also cost a lot. However, it's very satisfying to see the finished product, whether it's a slide or a print.

5 I practise every night. As soon as I get home, I plug it into the amplifier and turn the volume up. My neighbours must hate me!

6 I joined the club at my school last year. It's a very peaceful activity, but it really makes your brain work, working out moves and strategies. It's one of the oldest games in the world.

7 Most of the time I wander around looking in the windows, but sometimes I can't resist going inside and spending something. It makes me feel really good. Some people call it retail therapy!

8 I've got about five hundred from all over the world. I ask my friends to send them whenever they go anywhere. My favourite one is a picture of Paris in the nineteenth century.

9 I find chopping and peeling things very therapeutic. And I love mixing sauces, marinading meat and fish and so on. Unfortunately, I usually manage to burn everything!

In the exam ...

You may be asked to talk or write about how you like to spend your free time, or hobbies and activities that you would like to try. You may need to describe these activities in detail, and explain why you like/would like to do them. You may also have to describe some activities you did as part of a holiday, or different hobbies that you have had during different stages of your life.

See also: Test 43 Sport

LIVEWORKSHEETS