Food Firsts

Track 3

How much do you know about the history of some of your favorite foods? Do you know when people in England started cooking curry dishes? Do you know in which country pizzas or hamburgers were first made? The facts might surprise you.

Many people think the English found out about curry from people in India in the 1600s. In reality, **wealthy** English people were eating dishes made with curry **spices** hundreds of years before British ships traveled to India. Cooks of wealthy English families during the time of King Richard I were making curry dishes, and in fact, the word "curry" can be found in an English **language** cookbook as far back as 1377.

As for pizza, this **dish** was probably first made in Persia (what is now Iran). The Persians were eating round, flat bread with cheese in the 500s. That was nearly 1,000 years before pizza caught on in Naples, Italy!

Finally, let's look at the **truth** behind hamburgers. Many people think hamburgers are an American food. However, according to some stories, hamburgers came from Hamburg, Germany. A German named Otto Kuasw created the first hamburger in 1891. Four years later, German **sailors** introduced hamburgers to Americans.



Where foods come from isn't nearly as important as how they taste; as long as they are delicious! So, go get some of your favorite food and dig in.

Reading Time _____ minutes _____ seconds 230 words

6 *wealthy*: rich
7 *spice*: a thing used or added to make food taste good
9 *language*: way of speaking by a certain country or group of people
11 *dish*: food
14 *truth*: fact; reality
19 *sailor*: a person who works on ships

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Reading Comprehension

Choose the best answer.

1. What is the main idea of this reading?
   a. Curry was created in England.
   b. There are many foods that help your body.
   c. People created fast food long ago.
   d. Some facts about foods are surprising.

2. Which is probably true about British curry dishes in the 1400s?
   a. The dishes did not have meat.
   b. The spices cost a lot.
   c. People ate curry on special days.
   d. British sailors first made curry.

3. What did people in Naples learn from Persians?
   a. How to make pizza
   b. How to cook cheese
   c. How to use spices from Iran
   d. How to make flat bread

4. Who introduced hamburgers to America?
   a. Persians
   b. Otto Kuasw
   c. Italians
   d. German sailors

5. Which food was probably made first?
   a. Hamburgers
   b. Cheesy Persian bread
   c. Italian pizza
   d. English curry

Idiomatic Expressions

Find these idioms in the reading.

- **find out (about)** [to learn (of)]
  Hey, I just found out that class is cancelled tomorrow.

- **catch on** [to become popular]
  In the 1990s, cell phones really caught on.

- **dig in** [to begin eating with excitement]
  The child was very hungry, so he dug in before his parents sat down.

Fill in the blank with one of the above idioms. Change its form if necessary.

1. All of the food is ready. _____!
2. Did you _____ what time the movie starts?
3. These days, Latin dancing is _____.

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Scan the passage and complete the chart with the correct information.

1377 **created**	**1891** **introduced**	**500s** **wealthy**

Curry 	Pizza 	Hamburgers 
• Word already in the English language by 1 _____	• 3 _____ in Persia	• 5 _____ to Americans by German sailors
• Cooked for 2 _____ English families	• Was eaten in Persia in the 4 _____	• First made in Hamburg in 6 _____

Listening

The First Sandwich

Track 4

Listen to the dialog and complete each sentence.

1. Mike found Janet _____ the _____.
2. Lord Montagu was the _____ of _____.
3. The first sandwich was made with _____ and _____.

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A. Choose the best word or phrase to fill in the blank.

1. The man owns three hotels. He is very _____.
   a. comfortable b. tired c. unique d. wealthy

2. People think snakes are dangerous. _____, most snakes are not.
   a. Unusually b. Finally c. First d. Surprisingly

3. He knows _____ all of his relatives' birthdays, except for his aunt and uncle's.
   a. in reality b. before c. nearly d. behind

4. _____ my mother, washing clothes by hand is better than using a washing machine.
   a. According to b. Before c. After d. In reality

5. This soup does not _____ right. Did you forget to put in onions?
   a. cook b. make c. create d. taste

6. I do not have enough _____ to make this dish.
   a. fur b. hamburgers c. stories d. spices

7. We _____ how the magician did the amazing trick.
   a. created b. found out c. introduced d. thought

B. Choose the correct form of the word to fill in the blank.

8. I made this sculpture. It is my _____.
   a. creation b. creates c. creative

9. How does it taste? Please tell me ____ if it is good or bad.
   a. truth b. true c. truthfully

10. Let me ____ you to my cousin.
    a. introduction b. introduce c. introduced

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