Bahan Ajar dan Lembar Kerja Peserta Didik
Kelas IX: Label of Food/drink/medicine
SMPN 2 Banjarwangi - Kab. Garut

Name :

Class :

Let's watch the video.

Created by: Aam Aminah, S.Pd.

LEMBAR KERJA PESERTA DIDIK

A. Choose the best answers for the following questions.

The following picture is for questions 1-4.

Ingredients: Dehydrated Potatoes, Modified Food Starch, Corn Oil, Sugar, Salt, Soy Lecithin, Leavening (Monocalcium Phosphate and Sodium Bicarbonate), and Dextrose.
No Preservatives.

Nutrition Facts

Serving Size 1 oz. (28g/About 10 crisps)
Servings Per Container 10

Amount Per Serving	
Calories 120	Calories from Fat 30
	% Daily Value*
Total Fat 3g	**5%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 200mg	**8%**
Total Carbohydrate 21g	**7%**
Dietary Fiber 2g	**6%**
Sugars 2g	
Protein 2g	

Vitamin A 0%	•	Vitamin C 6%	
Calcium 4%	•	Iron 0%	
Thiamin 4%	•	Niacin 6%	
Vitamin B6 4%	•	Phosphorus 8%	
Zinc 2%			

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

1. What is the name of the product?
   A. Nutrition facts C. Baked Ruffles Original
   . B. Potato Crisps D. Potatoes

2. What is the brand of the product?
   A. Nutrition facts C.Baked Ruffles Original
   . B. Potato Crisps D. Potatoes

3. Which one is not the ingredients of the product?
   A. Sugar C. Corn oil
   . B. Soy lechitin D. Flour

4. The product does not contain.....
   A. Iron C.Sugar
   . B. Sodium D. Zinc

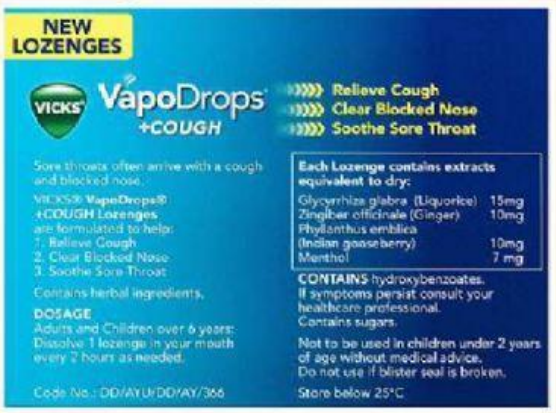
The following picture is for questions 5-7.

5. How much is the content of the product?
   A. 170 g C.150 g
   B. 2 g D. 25 g

6. How is the storage of the product?
   A. Keep in the container
   B. Keep in a glass
   C.Keep in the hot place
   D. Store in the refrigerator

7. What is yoplait?
   A. Mineral water B. Low fat yogurt C. Milk D. Strawberry

The following picture is for questions 8-10.



8. The product is to relieve.....
   A. cough C. fever
   B. headache D. stomachache

9. How many times can adults consume this products every day?
   A. 10 times C. 12 times
   B. 14 times D. 2 times

10. "Store below 25⁰ C" means..... 25⁰ C
    A. We must keep this product above 25⁰ C. C. We must keep it under sun light.
    B. We must keep this product under 25⁰ C. D. We must keep it in the freezer

B. Match with parts of product

1

2

3

4

5

Direction to use	**Brand of product**	**Expired date**
Direction to store	**Net weight/content**	