

### FACE OF FEARS

- 1) Do you have any recurrent dreams?
- 2) Can you tell me about a strange sleeping situation you have lived?
- 3) Watch the following video



- 4) True or False
  - a) The sleep paralysis causes hallucinations. \_\_\_\_
  - b) When she paints something, she sees it later in her dreams. \_\_\_\_
  - c) She wants to continue feeling scared. \_\_\_\_
  - d) Her previous job was as a teacher. \_\_\_\_
- 5) According to this artist, what happens when you get blocked by fear?
- 6) What do YOU do when you get blocked by fear?