

Presso Therapy

Relieves swelling that happens when medical treatment or illness blocks your lymphatic system. It involves gently manipulating specific areas of your body to help lymph move to an area with working lymph vessels.

Lymphatic Drainage massage

It is a smooth, gentle treatment that relieves muscular tension, increases circulation, and promotes a general sense of relaxation. It is not intended to treat sports injuries or other discomfort and is instead used to reduce muscle tension while bringing the body back to a relaxed state.

Ultrasonic Cavitation

It is an effortless and efficient way of contouring the body without harming the skin or tissue. The wood elements come in different sizes and shapes and each Wooden instrument has a specific use for a particular area of the body. _____ helps fight cellulite on the body leaving it silky and smooth. _____ will tone, reduce, mold, and eliminate stored fat in different parts of the body.

Coco Therapy

This Technique **uses a hard cast or bandages moistened with water and plaster**. Which can eliminate localized fat, diminishing waist size almost 1.0 cm per session. It is a great technique to mold not only female but also male shapes to fix some non-aesthetic postures.

Bamboo Therapy

_____ is a type of physical therapy modality or treatment used to accomplish various tasks in physical therapy (PT). The idea is that applying an electrical current helps strengthen muscles, block pain signals, and improve blood circulation. _____ sends mild electrical pulses through the skin to **help stimulate injured muscles or manipulate nerves to reduce pain**.

Relaxing massage

It is cosmetic procedure that's used to break apart fat deposits in your body. The treatment claims to work as an effective, less invasive alternative to liposuction.

Plaster Therapy

It is a **nonsurgical method of tightening your skin**. The procedure involves using energy waves to heat the deep layer of your skin known as your dermis. This heat stimulates the production of collagen. Collagen is the most common protein in your body

Decontracting massage

The procedure includes a deep massage on the joints and muscles with this fruit to eliminate tension, a very energetic, de-stressing and hypertonic treatment with which the person will feel relaxation and rest in all areas of the body, especially those where stress accumulates.

Electrical Stimulation

_____ has a long history of contributing to the health and well-being of people across Asia due to its unique healing properties. Symbolising life, energy and fertility, it's easy to think that this kind of massage is for spiritual and hippie-like people only. But there are a lot of physical and mental benefits to this treatment.

RF Therapy

The _____ aims to combat contractures and muscle tension. It is a localized back massage, deep and energetic with the aim of restoring the tone of the muscles to a normal level, treating the contracture with specific maneuvers, pressures and rubbing, trying to choose the contractures as well as reactivating many nerve centers and the right oxygenation, favoring the elimination of toxins.

Wood Therapy

_____ a **non-invasive treatment that involves the application of air pressure, alternating between compression and decompression on parts of the body**. This can help to stimulate the lymphatic system which helps to clear toxins from the body and stimulate blood circulation.