UNIT 2 HEALTH

TEST FOR UNIT 2

I. Choose the word whose underlined part is pronounced differently from the others.

1.	a. myth	b. cycling	c. itchy	d. allergy
2.	a. headache	b. spread	c. health	d. weak
3.	a. fat	b. leaf	c. of	d. safe
4.	a. flu	b. sunburn	c. junk	d. much
5.	a. wash	b. wear	c. wake	d. wrap

II. Choose the odd one out.

1.	a. running	b. coughing	c. cycling	d. swimming
2.	a. vegetables	b. fish	c. fried chicken	d. fruits
3.	a. cold	b. cough	c. stuffy nose	d. sunburn
4.	a. soda	b. milk	c. fruit Juice	d. water
5.	a. fever	b. health	c. obesity	d. headache

III. Choose the best answer a, b, c, or d to complete the sentence.

1. Please wake me _____ at 5 and we will leave at 6 in the morning.
   a. up b. on c. over d. in
2. If you want to _____ weight, you should follow a low-fat diet.
   a. lose b. gain c. put on d. take
3. Junk foods are high in fat, sodium and sugar, which can lead to _____.
   a. fever b. allergy c. obesity d. stomachache
4. He looks so _____. He can't keep his eyes open!
   a. happy b. tired c. healthy d. fit
5. If you want to stay healthy, eat _____ vegetables, wholegrains, fruit and fish.
   a. much b. fewer c. more d. c
6. Fruit tastes good _____ it's healthy for your body.
   a. so b.but c. or d. and
7. You are _____ you eat, so don't eat unhealthy foods.
   a. what b.who c. which d. that
8. She looks very tired. She should work _____ or she will get sick.
   a. well b. less c. more d. enough

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9. She stays in _____ by exercising daily and eating well.

   a. health b. fit b. size d. shape

10. Don't sit too close to the screen, _____.

    a. and you'll hurt your eyes b. so you can see more clearly

    c. or you'll get a headache d. but it's bad for your health

IV. Write the correct form or tense of the verbs in brackets.

1. _____ (you/ eat) fried chicken last night?
2. He _____ (put) on a lot of weight recently.
3. I often _____ (drink) coca cola when I was a child.
4. Joana _____ (wash) her face regularly to prevent spots.
5. I think he _____ (not pass) the exam. He hasn't studied at all.
6. She _____ (have) a sore throat, and she _____ (cough) terribly now.
7. You should try _____ (exercise) a couple times a week.
8. He keeps _____ (sneeze), so I think he's got a cold.
9. What _____ (you/ do) tomorrow evening?
10. My mother doesn't like _____(eat) fast food

VII. There is one mistake in each sentence. Underline and correct the mistake.

1. Sitting close to the laptop's screen hurt your eyes.

   _____

2. You can avoid many diseases by eat healthy food.

   _____

3. You look so bad! How's wrong with you?

   _____

4. Eating lots of fast food can make you fat or obesity.

   _____

5. Eating more fruit and vegetables to get vitamins, minerals, fiber.

   _____

6. Good nutrition is a important part of leading a healthy lifestyle.

   _____

7. Watch more television; if not, your eyes will be tired.

   _____

8. I've drunk three glasses of beer, but I've got a headache.

   _____

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