

# UNIT 2 ➤ HEALTH

## TEST FOR UNIT 2

**I. Choose the word whose underlined part is pronounced differently from the others.**

1. a. myth	b. cycling	c. itchy	d. allergy
2. a. headache	b. spread	c. health	d. weak
3. a. fat	b. leaf	c. of	d. safe
4. a. flu	b. sunburn	c. junk	d. much
5. a. wash	b. wear	c. wake	d. wrap

**II. Choose the odd one out.**

1. a. running	b. coughing	c. cycling	d. swimming
2. a. vegetables	b. fish	c. fried chicken	d. fruits
3. a. cold	b. cough	c. stuffy nose	d. sunburn
4. a. soda	b. milk	c. fruit Juice	d. water
5. a. fever	b. health	c. obesity	d. headache

**III. Choose the best answer a, b, c, or d to complete the sentence.**

1. Please wake me \_\_\_\_\_ at 5 and we will leave at 6 in the morning.  
a. up      b. on      c. over      d. in
2. If you want to \_\_\_\_\_ weight, you should follow a low-fat diet.  
a. lose      b. gain      c. put on      d. take
3. Junk foods are high in fat, sodium and sugar, which can lead to \_\_\_\_\_.  
a. fever      b. allergy      c. obesity      d. stomachache
4. He looks so \_\_\_\_\_. He can't keep his eyes open!  
a. happy      b. tired      c. healthy      d. fit
5. If you want to stay healthy, eat \_\_\_\_\_ vegetables, wholegrains, fruit and fish.  
a. much      b. fewer      c. more      d. c
6. Fruit tastes good \_\_\_\_\_. it's healthy for your body.  
a. so      b. but      c. or      d. and
7. You are \_\_\_\_\_ you eat, so don't eat unhealthy foods.  
a. what      b. who      c. which      d. that
8. She looks very tired. She should work \_\_\_\_\_. or she will get sick.  
a. well      b. less      c. more      d. enough

9. She stays in \_\_\_\_\_ by exercising daily and eating well.  
a. health      b. fit      c. size      d. shape

10. Don't sit too close to the screen, \_\_\_\_\_.  
a. and you'll hurt your eyes      b. so you can see more clearly  
c. or you'll get a headache      d. but it's bad for your health

**IV. Write the correct form or tense of the verbs in brackets.**

1. \_\_\_\_\_ (you/ eat) fried chicken last night?
2. He \_\_\_\_\_ (put) on a lot of weight recently.
3. I often \_\_\_\_\_ (drink) coca cola when I was a child.
4. Joana \_\_\_\_\_ (wash) her face regularly to prevent spots.
5. I think he \_\_\_\_\_ (not pass) the exam. He hasn't studied at all.
6. She \_\_\_\_\_ (have) a sore throat, and she \_\_\_\_\_ (cough) terribly now.
7. You should try \_\_\_\_\_ (exercise) a couple times a week.
8. He keeps \_\_\_\_\_ (sneeze), so I think he's got a cold.
9. What \_\_\_\_\_ (you/ do) tomorrow evening?
10. My mother doesn't like \_\_\_\_\_ (eat) fast food

**VII. There is one mistake in each sentence. Underline and correct the mistake.**

1. Sitting close to the laptop's screen hurt your eyes.

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2. You can avoid many diseases by eat healthy food.

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3. You look so bad! How's wrong with you?

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4. Eating lots of fast food can make you fat or obesity.

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5. Eating more fruit and vegetables to get vitamins, minerals, fiber.

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6. Good nutrition is a important part of leading a healthy lifestyle.

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7. Watch more television; if not, your eyes will be tired.

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8. I've drunk three glasses of beer, but I've got a headache.

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