

## UNIT 2

## HEALTH

### TEST FOR UNIT 2

#### I. Choose the word whose underlined part is pronounced differently from the others.

- |                        |                     |                   |                     |
|------------------------|---------------------|-------------------|---------------------|
| 1. a. <u>m</u> yth     | b. <u>c</u> ycling  | c. it <u>ch</u> y | d. all <u>er</u> gy |
| 2. a. <u>h</u> eadache | b. <u>s</u> pread   | c. <u>h</u> ealth | d. <u>w</u> eak     |
| 3. a. <u>f</u> at      | b. lea <u>f</u>     | c. <u>o</u> f     | d. sa <u>f</u> e    |
| 4. a. <u>f</u> lu      | b. su <u>n</u> burn | c. <u>j</u> unk   | d. <u>m</u> uch     |
| 5. a. <u>w</u> ash     | b. <u>w</u> ear     | c. <u>w</u> ake   | d. <u>w</u> rap     |

#### II. Choose the odd one out.

- |                  |             |                  |             |
|------------------|-------------|------------------|-------------|
| 1. a. running    | b. coughing | c. cycling       | d. swimming |
| 2. a. vegetables | b. fish     | c. fried chicken | d. fruits   |
| 3. a. cold       | b. cough    | c. stuffy nose   | d. sunburn  |
| 4. a. soda       | b. milk     | c. fruit Juice   | d. water    |
| 5. a. fever      | b. health   | c. obesity       | d. headache |

#### III. Choose the best answer a, b, c, or d to complete the sentence.

- Please wake me \_\_\_\_\_ at 5 and we will leave at 6 in the morning.  
a. up                      b. on                      c. over                      d. in
- If you want to \_\_\_\_\_ weight, you should follow a low-fat diet.  
a. lose                      b. gain                      c. put on                      d. take
- Junk foods are high in fat, sodium and sugar, which can lead to \_\_\_\_\_.  
a. fever                      b. allergy                      c. obesity                      d. stomachache
- He looks so \_\_\_\_\_. He can't keep his eyes open!  
a. happy                      b. tired                      c. healthy                      d. fit
- If you want to stay healthy, eat \_\_\_\_\_ vegetables, wholegrains, fruit and fish.  
a. much                      b. fewer                      c. more                      d. c
- Fruit tastes good \_\_\_\_\_ it's healthy for your body.  
a. so                      b. but                      c. or                      d. and
- You are \_\_\_\_\_ you eat, so don't eat unhealthy foods.  
a. what                      b. who                      c. which                      d. that
- She looks very tired. She should work \_\_\_\_\_ or she will get sick.  
a. well                      b. less                      c. more                      d. enough

9. She stays in \_\_\_\_\_ by exercising daily and eating well.  
 a. health                      b. fit                      c. size                      d. shape
10. Don't sit too close to the screen, \_\_\_\_\_.  
 a. and you'll hurt your eyes                      b. so you can see more clearly  
 c. or you'll get a headache                      d. but it's bad for your health

**IV. Write the correct form or tense of the verbs in brackets.**

1. \_\_\_\_\_ (you/ eat) fried chicken last night?
2. He \_\_\_\_\_ (put) on a lot of weight recently.
3. I often \_\_\_\_\_ (drink) coca cola when I was a child.
4. Joana \_\_\_\_\_ (wash) her face regularly to prevent spots.
5. I think he \_\_\_\_\_ (not pass) the exam. He hasn't studied at all.
6. She \_\_\_\_\_ (have) a sore throat, and she \_\_\_\_\_ (cough) terribly now.
7. You should try \_\_\_\_\_ (exercise) a couple times a week.
8. He keeps \_\_\_\_\_ (sneeze), so I think he's got a cold.
9. What \_\_\_\_\_ (you/ do) tomorrow evening?
10. My mother doesn't like \_\_\_\_\_ (eat) fast food

**VII. There is one mistake in each sentence. Underline and correct the mistake.**

1. Sitting close to the laptop's screen hurt your eyes.  
 \_\_\_\_\_
2. You can avoid many diseases by eat healthy food.  
 \_\_\_\_\_
3. You look so bad! How's wrong with you?  
 \_\_\_\_\_
4. Eating lots of fast food can make you fat or obesity.  
 \_\_\_\_\_
5. Eating more fruit and vegetables to get vitamins, minerals, fiber.  
 \_\_\_\_\_
6. Good nutrition is a important part of leading a healthy lifestyle.  
 \_\_\_\_\_
7. Watch more television; if not, your eyes will be tired.  
 \_\_\_\_\_
8. I've drunk three glasses of beer, but I've got a headache.  
 \_\_\_\_\_