

UNIT 8

Sports and Exercise



CD 1-41 Listening 1

People are talking about sports and exercise. Listen and number the pictures.



Listening 2

CD 1-42 ► Task 1

What sport or activity is the person talking about?
Listen and circle the correct answer.

- | | |
|----------------------------|----------------------|
| 1. a. swimming | 4. a. playing tennis |
| b. going to the gym | b. watching TV |
| c. jogging | c. reading |
| 2. a. playing volleyball | 5. a. swimming |
| b. playing golf | b. jogging |
| c. playing soccer | c. windsurfing |
| 3. a. playing baseball | 6. a. diving |
| b. playing soccer | b. riding a bicycle |
| c. playing tennis | c. walking |



CD 1-42 ► Task 2

Listen again. What do you think each person says next?
Circle the correct answer.

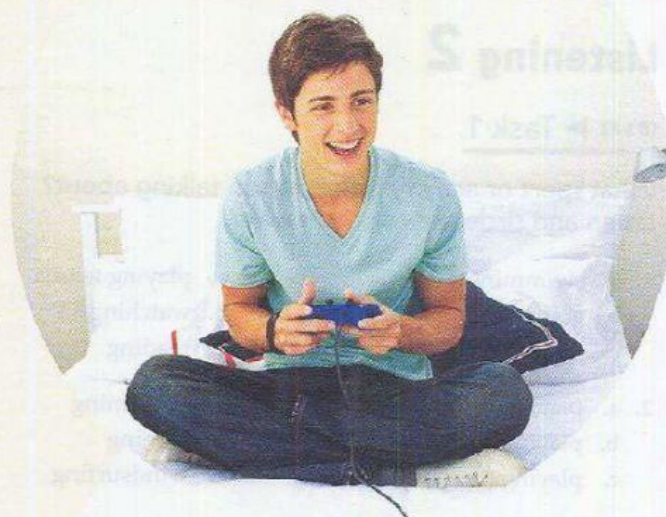
- | | |
|---|-----------------------------|
| 1. a. Yes, about three times a week. | 4. a. I know, but I'm lazy. |
| b. Yeah, I'm getting lazy. | b. No, thanks. I'm tired. |
| c. Yeah, I'm tired. | c. Yeah, reading is fun. |
| 2. a. Yeah, I'd love to. | 5. a. It's too hot. |
| b. I enjoy skiing. | b. Yeah, I'd love to. |
| c. Yeah, you're right. | c. I don't like the cold. |
| 3. a. Volleyball is tiring. | 6. a. In the car. |
| b. Volleyball. It's my favorite. | b. In the morning. |
| c. Tennis is expensive. | c. In the park. |

Listening 3

CD 1-43 ► Task 1

People are talking about how they spend their free time. Listen and check (✓) the correct information.

	Exercises a lot	Exercises a little	Never exercises
1. Bill	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Liz	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Victor	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Maria	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. David	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



CD 1-43 ► Task 2

Listen again. Match the names on the left with the activities on the right.

- | | |
|------------------|----------------------|
| 1. Bill <u>c</u> | a. golfs |
| 2. Liz ____ | b. bicycles |
| 3. Victor ____ | c. plays baseball |
| 4. Maria ____ | d. takes walks |
| 5. David ____ | e. plays video games |



Dictation

CD 1-46 ► **Task 1**

Listen to the conversation. Write the missing words.

A: Do you _____ any _____, Nick?

B: Yes, I love playing sports. But my _____ sport is _____.

A: Really? Are you on a team?

B: Yeah, I am. It's a lot of _____.

A: How _____ do you _____?

B: Oh, about _____ a _____. So, how about you? Do you play sports?

A: Well, it depends. Do you think playing video games is a sport?

B: Umm. . . . I'm not sure about _____.