Puberty

- Puberty is the time when your body begins to develop and change as you move from kid to adult.
- The body goes through <u>many</u> changes.
- Everybody experiences the same changes, but not at the same time.
- Usually, puberty starts between ages 8 and 13 in girls and ages 9 and 15 in boys.

Homework #4

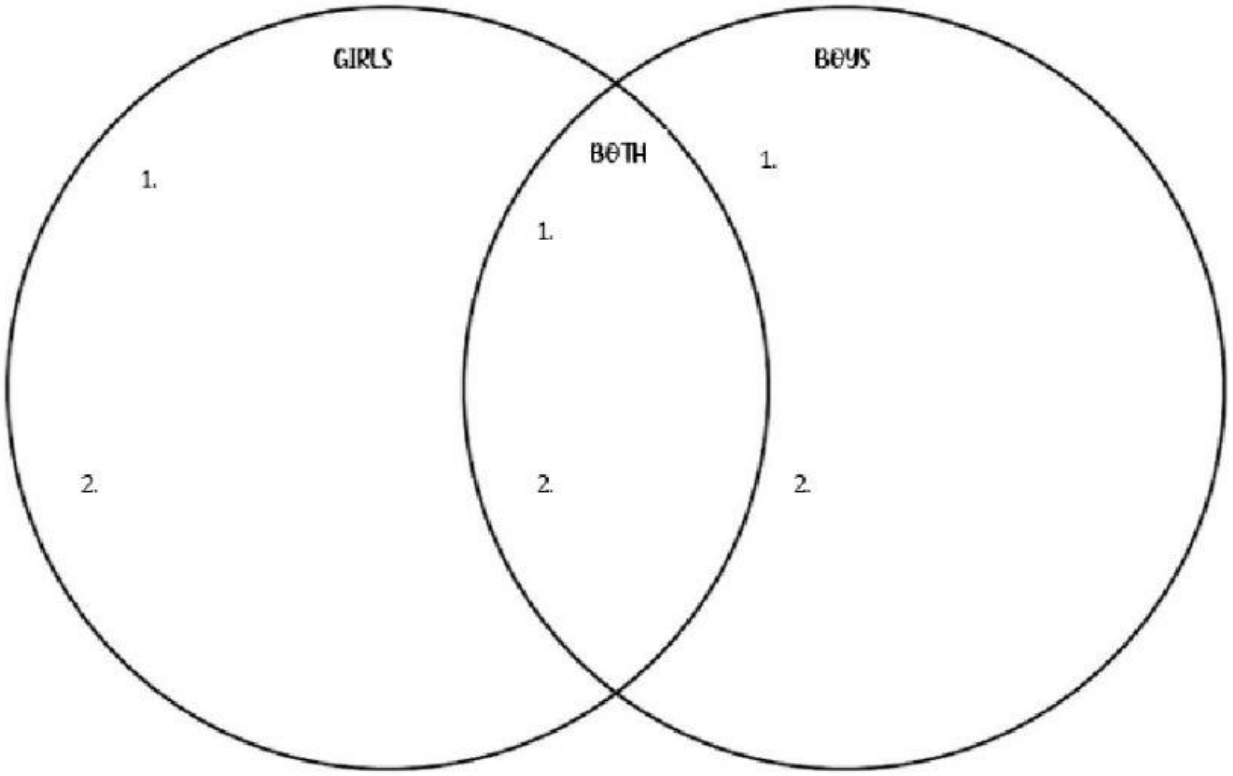
1. Watch these videos about puberty in boys and girls (watch <u>both</u> videos)

https://www.youtube.com/watch?v=Yvw7QGytgNQ

https://www.youtube.com/watch?v=j_mFJ2d0qxQ

2. Write down the signs of puberty for boys, girls and both.

You can do it using a diagram like this one:



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