

Order the next statements based on the reading.

Feng Shui

Feng shui is an ancient technique used to create harmony in a space. It promotes good health, prosperity, and well-being based on energy flow through a house, room, building, or garden. This energy is known as *qi*, pronounced “chee”.

Three important components of *feng shui* can be broken down into the *yin yang*, the five elements, and the cardinal directions. In the *yin yang*, *yin* represents feminine and passive energy, while *yang* represents masculine energy which is hot. The five elements – earth, wind, fire, water, and wood – are also crucial in establishing harmony. Finally, the 8 cardinal directions – north, south, east, west, northeast, northwest, southeast, and southwest – also take on an important role in establishing a harmonious environment.

There are many tips to arrange your house using *feng shui*. Sharp edges can slow energy down, so there should be plants around them. You should cut back on having too many things, because this also interrupts energy flow. Busy streets and intersections create too much energy; using a fountain or a mirror near your front door can help keep it from entering. The bathroom is the most *yin* room in the house because it has water, so you can set up *yang* elements like candles or bright colors in there.

There are many other tips to make a house harmonious according to *feng shui*. The internet has plenty of other resources if you believe in this practice!

- The elements of Feng Shui are earth, wind, fire, water, and wood.
- Bathrooms are associated to the yin because of the water, so this requires yang elements such as candles to boost a balance.
- The *qi*, pronounced as “chee”, is the energy promoted by Feng Shui.
- *Feng shui* is made up by the *yin yang*, five elements and cardinal directions.
- All elements and cardinal directions are pivotal to foster the harmony.
- You can find other tips on internet to create house harmonious based on *feng shui*.
- The *yin yang* represents two energies where the first part is associated to feminine whilst the second one is related to masculine.
- It is recommendable to have plants and reduce material things to allow the energy flow.

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