



# Extra Training

## Vocabulary Task 2123

### 1. Choose the correct word and drag it into the sentence.

*There are extra words you don't need to use.*

courage      pride      prejudice      discipline      order  
humility      strength      relief      wish

1. Training at the academy gave him new inner \_\_\_\_\_.
2. The monks take a lot of \_\_\_\_\_ in their training.
3. A Shaolin monk must have \_\_\_\_\_ to control both body and mind.
4. To Carl's \_\_\_\_\_ he didn't have to run up the mountain.
5. The monks are not arrogant; instead, they believe in \_\_\_\_\_.
6. He needs to have the \_\_\_\_\_ to overcome his fear of Kung Fu.

### 2. Choose the correct word and drag it into the sentence.

*There are extra words you don't need to use.*

1. He \_\_\_\_\_ down like a tiger.
  2. The monk \_\_\_\_\_ across the stage.
  3. Hard work \_\_\_\_\_ character.
  4. Mary works hard to \_\_\_\_\_ her goals.
  5. The mountains will \_\_\_\_\_ your breath away.
  6. The monk \_\_\_\_\_ himself into the air.
  7. You must \_\_\_\_\_ still with your legs bent to do the position.
- |           |   |           |   |         |
|-----------|---|-----------|---|---------|
| crouched  | / | lay       | / | crawled |
| bounced   | / | spun      | / | knelt   |
| makes     | / | produces  | / | builds  |
| prosecute | / | determine | / | achieve |
| catch     | / | take      | / | bring   |
| pushed    | / | sent      | / | threw   |
| hold      | / | freeze    | / | stand   |

