

II. LISTENING

EXERCISE 1

In this unit, you will practise the skills you need to answer short-answer questions in the IELTS Listening test.

The conversation in this unit is about food and drink. This is a common topic in IELTS, so it is a good idea to think about some vocabulary you might hear.

Match the words in the box with the definitions.

Diet	eat in	eat out	habit	prepare	ready-made meal	takeaway
unhealthy						

1. the food and drink usually eaten or drunk by a person or group:

2. to have a meal at home rather than in a restaurant: _____

3. food that has already been prepared and can be eaten after it has been heated in an oven or microwave: _____

4. a meal cooked and bought at a shop or restaurant but eaten somewhere else, often at home: _____

5. a type of food or drink that isn't good for you: _____

6. to have a meal in a restaurant rather than at home: _____

7. to get something ready, for example to cut vegetables, before you cook: _____

something that you do often and regularly: _____