

GOAL 2: Talk About Lifestyles

Word Focus

genes = parts of a cell that control physical characteristics (eye color, height, etc.)

lifestyle = how we live

Listening

A Discuss these questions with a partner.

1. What determines how healthy you are?
2. Are your **genes** or your **lifestyle** more important?



B Listen to three people talk about their health. Match the speaker to the correct picture.



Speaker _____



Speaker _____



Speaker _____



C Listen again and answer the questions.

Speaker A:

1. What kind of exercise does Speaker A get? _____
2. Which family members does Speaker A mention? _____

Speaker B:

3. What kind of exercise does Speaker B get? _____
4. How often does Speaker B get sick? _____

Speaker C:

5. Why did Speaker C change her diet when she got older? _____
6. What do some people think about Speaker C's diet? _____