Eat breakfast like a king, lunch like a prince, and dinner like a poor man.
Adelle Davis, nutritionist

5A Breakfast around the world

1 VOCABULARY food and drink

a Complete the crossword.

Clues across →








1 R	I	2 C	E					
		3 C		4 F				
							5 B	
6 B						7 S		
8 P						9 P		

Clues down ↓






b What do they have for dinner? Complete the words.



1 f i s h 2 s a l a d 3 t _ a



4 p _ _ _ a 5 v _ _ _ _ _ _ _ _ s
6 m _ _ k



7 m _ _ t 8 p _ _ _ _ _ _ s 9 w _ _ _ r



10 a s _ _ _ _ _ _ h
11 ch _ _ _ _ _ _ e
12 or _ _ _ e j _ _ _ e

2 PRONUNCIATION word stress; /tʃ/, /dʒ/, and /g/

a iChecker Listen and underline the stressed syllable.

cer|e|al	po|ta|toes	vege|ta|bles
cho|colate	break|fast	sand|wich
sau|sa|ges	yo|ghurt	

b Listen again and repeat the words.

LIVEWORKSHEETS

c iChecker Listen and circle the word with a different sound.

tʃ chess	1 **ch**ocolate (**ch**ereal) lunch
dʒ jazz	2 get orange juice
g girl	3 eggs Japan sugar
tʃ chess	4 pasta **ch**eese **ch**eap
dʒ jazz	5 sausages green vegetables
g girl	6 good yoghurt Germany

d Listen again and repeat the words.

3 GRAMMAR present simple ⊞ and ⊟: *I, you, we, they*

a Complete the sentences with a ⊞ or ⊟ and a verb from the list.

drink eat have like

1 I ⊟ *don't like* fish.
2 I ⊟ _____ breakfast at home.
3 You ⊞ _____ a lot of water.
4 My friends ⊟ _____ healthy food.
5 I ⊟ _____ coffee in the afternoon.
6 My children ⊞ _____ a lot of fruit.
7 We ⊞ _____ a salad for lunch.
8 I don't drink tea because I ⊟ _____ it.

b Complete the texts with the correct form of the verbs from the list.

drink have not have not like

I'm Amelie and I'm from France. During the week, I [1] *have* breakfast in a café. I [2] _____ a big breakfast, just a croissant. I [3] _____ hot chocolate. I [4] _____ tea or coffee.



eat not drink not have

My name is Laszlo and I'm from Hungary. I [5] _____ breakfast with my family during the week, but at weekends we sit down together. We [6] _____ a very big breakfast: eggs, cheese, meat, and bread. I [7] _____ coffee, so I have tea.



4 LISTENING

iChecker Listen to six speakers talking about food. Match the speakers with the meals.

1	*b*	a a traditional breakfast
2	____	b ~~a healthy breakfast~~
3	____	c lunch at work
4	____	d lunch in a restaurant
5	____	e a big dinner
6	____	f food from other countries

WORDS AND PHRASES TO LEARN

Learn these words and phrases.

I usually have coffee for breakfast. /aɪ 'juːʒuəli hæv 'kɒfi fə 'brekfəst/
I think it's very healthy. /aɪ θɪŋk ɪts 'veri 'helθi/
at the weekend /ət ðə wiːk'end/
during the week /'djʊərɪŋ ðə wiːk/
at home (work) /ət həʊm (wɜːk)/
only /'əʊnli/
sometimes /'sʌmtaɪmz/
typical (American) breakfast /'tɪpɪkl (ə'merɪkən) 'brekfəst/
traditional /trə'dɪʃənl/
a lot of /ə lɒt ɒv/
sausages /'sɒsɪdʒɪz/
soup /suːp/
toast /təʊst/
hot milk /hɒt mɪlk/

LIVEWORKSHEETS