

## UNIT 2: HEALTHY LIVING

### GRAMMAR

#### Task 1.2 Put the verbs in brackets in the correct tense form.

12. It **(be)** \_\_\_\_\_ very cold today. You should wear your warm clothes when you **(go)** \_\_\_\_\_ out to prevent cold.

13. Do morning exercise every day and you'll **(feel)** \_\_\_\_\_ better.

14. I have a lot of homework to do this evening, so I **(not have)** \_\_\_\_\_ time to watch the football match.

15. **(Eat)** \_\_\_\_\_ junk food and inactivity **(be)** \_\_\_\_\_ the main causes of obesity.

16. I **(have)** \_\_\_\_\_ a headache and I need to rest more.

17. I (**have**) \_\_\_\_\_ a toothache so I (**have to/ see**) \_\_\_\_\_ the dentist.

18. I have to take medicines because I (**be**) \_\_\_\_\_ sick.

19. Japanese (**eat**) \_\_\_\_\_ more fish instead of meat, so they (**stay**) \_\_\_\_\_ more healthy.

20. When you (**have**) \_\_\_\_\_ a fever, you (**should/ drink**) \_\_\_\_\_ more water and rest more.

21. A healthy diet (**help**) \_\_\_\_\_ us feel healthier.

22. Watching TV much (**hurt**) \_\_\_\_\_ your eyes.