UNIT 2: HEALTHY LIVING

SPEAKING:

Task 1: Match the health problems with the correct advices.

1.I have spots on my face.	a. You should go to your dentist.
2.I get sunburn.	b. Eat less junk food and do more exercies.
3.I've got a flu.	c. You shouldn't drink cold drinks..
4.I'm putting on weight.	d. Apply an aloe vera lotion and drink lót of water .
5. I have a toothache. My tooth hurt.	e. Spend less time infront of the screen.
6.I have a sore throat.	f. Stay at home and have a rest.
7.My eyes are sore and tired.	g. Wash your face regularly.

1…. 2…. 3…. 4….

5…. 6…. 7….

LIVEWORKSHEETS

Task 2: Match the questions and the answers.

1. How many calories should I eat in a day?	a. A little better, but still feel tired.
2. Shall we go and play basketball?	b. Wash your face daily and use gentle skin care products.
3. What activity uses a lot of calories?	c. Eat less junk food and do more exercise
4. What should I do to prevent spots?	d. Count me out. 1 prefer to stay home.
5. How do you feel now?	e. We'll feel tired and weak.
6. What happens when we don't have enough calories?	f. Between 1,600 and 2,500.
	g. I think it's running.
7. Why should people drink green tea?	h. Because it can help prevent cancer
8. What should I do to lose weight?	

1…. 2…. 3…. 4….

5…. 6…. 7…. 8….

LIVEWORKSHEETS