

Name:

FOOD AROUND THE WORLD

→ *With the dishes you have below, try to guess the name of the country they are from.*

Kabuli Pulao

Long-grained Basmati rice steamed in meat broth, with assorted lentils, raisins, carrots, lamb, and chopped nuts (almonds and pistachios).

Couscous

Steamed semolina salad tossed with carrots, potatoes, turnips, parsley, etc. Sometimes served with a bowlful of chilled buttermilk.

Meat Pie

A fist-sized baked pie filled with ground meat gravy and cheese. The gravy often contains onions and/or mushrooms. The pie is topped with tomato ketchup just before eating.

Wiener Schnitzel

Veal escalope, breaded and deep-fried in butter. Traditionally served in Vienna with a salad and a potato preparation (usually potato salad or roast baby potatoes).

Moules-frites

Fresh mussels cooked in olive oil and white wine with garlic, thyme, and shallots, and served with potato fries. Common accompaniments include mayonnaise or garlic-flavored crème fraîche.

Belizean Rice and Beans

Red kidney beans and rice stewed in coconut milk. Carrots are a seasonal addition.

Feijoada

Kidney beans stewed with beef and pork. Sometimes vegetables, like tomatoes, potatoes, and carrots, may be added.

Poutine

French fries topped with a mildly spicy chicken or turkey gravy and fresh cheese curd. The dish is assembled just prior to serving to avoid soggy fries.

Pastel de Choclo

A base of ground beef, onions, olives, and raisins, topped with a sweet corn crust. The sweet corn crust is a paste of sweet corn kernels and basil cooked in milk or lard.

Peking Duck

Maltose syrup glazed-duck is roasted in an oven till it turns brown. While the skin is served dipped in sugar-garlic sauce, the meat is served with sweet bean sauce, spring onions, and pancakes. Cucumber sticks are additional accompaniments.

Frikadeller

Flat meat patties – consisting of minced beef, chopped onions, milk, and eggs. Boiled potatoes, potato-mayo salad, creamed cabbage, gravy, and pickled beetroot are popular accompaniments.

Fish & Chips

Beer-battered or crumbed deep-fried fish and thick-cut potato chips; served with tartar sauce, peas, and a lemon wedge. Fish and chips are sprinkled with salt and malt vinegar prior to serving.

Crêpe

Thin wheat or buckwheat flour batter pancakes. Sweet fillings include chocolate sauce, jelly, preserves, spreads, or whipped cream, while savory fillings include ham, sausage, cheese, and mushroom.

Moussaka

Layers of sautéed eggplant and/or potatoes and spicy ground lamb topped with Béchamel sauce and baked.

Biryani

Long-grain rice cooked with spices and meat. Often topped with fried onion flakes and boiled eggs. Vegetarian versions are also popular.

Falafel

Falafels are deep-fried balls or patties of mashed chickpea and most often served with tahina, hummus, vegetable salad, etc.