

Listening: Fight or Flight: What happens when you are scared



Listen and select True or False

1. Adrenaline is an hormone. _____
2. Your body can produce adrenaline when you are relaxed. _____
3. Adrenaline can give you extra energy. _____
4. Breathing quickly can be a reaction to fear. _____
5. Adrenaline's effects are very long. _____
6. Effects of adrenaline were discovered in the Prehistory. _____
7. Not all effects of adrenaline are intense. _____
8. The effects of adrenaline can make you move slowly. _____

Which of the following CANNOT make you feel a rush of adrenaline: _____

