

## Unit 1 - Review

### A. CONVERSATION

Complete the conversation below using the words in the box.

cope      responsibilities      handle      relief      anxiety      feel

A: Your job seems very stressful. You have so many important (1) \_\_\_\_\_.

How do you (2) \_\_\_\_\_ the stress?

B: I've learned to (3) \_\_\_\_\_ with it in a number of ways. Sometimes, I take short breaks at work to meditate. And I like to go fishing on the weekends.

Being out on the water in the peace and quiet is a great stress (4) \_\_\_\_\_.

A: Do you experience less (5) \_\_\_\_\_ now than you used to?

B: Yes. I used to (6) \_\_\_\_\_ it all the time and had trouble sleeping. But now things are better.

### B. GRAMMAR

Complete the sentences with the verbs from the box. Use a gerund or infinitive.

stay    join    pass    visit    apply

1 I enjoy \_\_\_\_\_ new towns whenever I travel.

2 I want \_\_\_\_\_ the army so I can serve my country.

3 I am considering \_\_\_\_\_ to university next year.

4 I prefer \_\_\_\_\_ home on weekends because I am usually tired.

5 I hope \_\_\_\_\_ all my exams at the end of the semester.