

1. Reading comprehension: Read the article then answer.



Do you peel potatoes, carrots, and peaches before you eat them? A lot of people do. But those scraps are food—food that goes to waste. A third of food produced for human use is wasted every year. The United Nations says if we could reduce waste by just 25 percent, world hunger would disappear. The biggest losses are in fresh food, especially fruits and vegetables. One company in New York wants to change this.

Thomas McQuillan is a director at Baldor Foods, a company that cuts up and packages fruits and vegetables to sell to stores and restaurants. One of his responsibilities is sustainability. He saw lots of food scraps going into landfills, and he decided the company needed to reduce waste. His first idea was to take the scraps to farms, to be used as compost. But transporting the scraps was expensive. One day, an obvious idea came to him: All these scraps were not waste; they were food. Maybe there was a way to recycle them as food. And that's when Baldor's journey to a zero-waste company began.

First, McQuillan decided to give the scraps a creative name and sell them as food. He named it SparCs. That's "scraps" spelled backwards, with a capital C. Restaurants and juice companies buy SparCs to make soups, sauces, and fresh juices. Today, Baldor sells about 30,000 pounds or 13,600 kg of SparCs every week. The company also sells healthy powders they make with dried scraps. The powder can be added to soups, drinks, and other foods. Finally, scraps that can't be turned into human food are sold as food for farm animals. Nothing is wasted; no food goes to landfills. It's good for the planet, but it's good for the company, too. Instead of throwing food scraps away, the company is selling them at a profit.

McQuillan says it's all about changing your perspective. In his case, he stopped seeing scraps as waste and started seeing them as food. He hopes that other businesses involved in food service, such as hotels and restaurants, will start paying more attention to the food they waste. Think about this: Not too long ago, most restaurants threw away their potato skins. Today, baked potato skins filled with cheese are a popular appetizer. Who knows what tasty scrap might be next on the menu?

A- What does McQuillan want readers to understand? Choose YES/ NO (2)

- a. Peeling fruit and vegetables creates a lot of waste.
- b. It's sometimes hard to change your perspective.
- c. All food should be treated as food, not waste.

B- What are Baldor's strategies for turning food waste into profit? Check (✓) all the correct answers.(8)

- ☐ 1. Use food scraps to feed hungry people.
- ☐ 2. Send food scraps to landfills.
- ☐ 3. Use food scraps as compost.
- ☐ 4. Package food scraps with a new name to be used as food.
- ☐ 5. Make a healthy powder from food scraps.
- ☐ 6. Use scraps to feed animals.

C- Answer the questions (3x3=9)

- a- What do you think is important to McQuillan?

b- Why do you think McQuillan decided to give scraps a creative name?

c- Why does McQuillan talk about baked potato skins?

Vocabulary and Grammar

2. Read these friends' conversation in WhatsApp and complete with an appropriate word or phrase from the box. (10X1=10)

ground rules - polarized - big picture - prepping - tasked with - case

easy does it - back up - have her back - what are you up to?

Cathy and Adam

C: Hey Adam! _____?

A: Hi! I was thinking about the meeting, remember?

C: Oh yes, many things to be considered. The _____ weren't very clear at the beginning and many partners couldn't talk at the end.

A: Yes. Now Heather is _____ for a new presentation about the budget issue.

C: The sales area has been _____ the responsibility of saving money on travel expenses and we have to analyze everything

A: That's really difficult. Heather needs help on that.

C: Yes. I _____ every time she needs me, not as the marketing area.

A: _____, everything will be ok. I think things are getting a bit _____ there.

C: I think we have to _____ everything she proposes and look at the _____. We will find a solutions to the budget problem.

A: I usually dislike complex solutions, but in this _____, we need one.

C: Well, see you tomorrow and we will continue talking. Bye

A: See you!

3. Read the sentences and choose a, b or c. (8x1.5=12)

1. Kathy has come _____ a great idea for the school magazine.

a. round b. up with c. after

2. The _____ of Russia is about 140.000.000.

a. business b. population c. definition

3. We need more _____ in our diet. I'm bored of eating the same thing all the time.

a. panic b. series c. variety

4. Have you ever been to a(n) _____ country before?

a. foreign b. official c. international

5. Will these changes _____ your decision or not?
a. enter b. develop c. affect
6. I'm really looking _____ to the football match on Saturday
a. Forward b. up c. out
7. Don't worry. Buses come _____. There will be one here soon.
a. throughout b. frequently c. several
8. I was cleaning my garage when I _____ across my old university books.
a. came b. looked c. took

4. Look at the picture and answer the questions using the passive.(5x2=10)

1- Who painted The Gioconda?

2- When was it painted?

3- What is it made of?

4- Where was it painted?

5- Where is it located now?

Painted by: Leonardo Da Vinci

Year made: 1503–1506

Material use: Oil on poplar panel

Location made: Florence Italy

Current location: a gallery of the Louvre Museum in Paris



5. Read each question. Write the correct tag.(6x2=12)

1. You like seafood, _____?
2. You haven't eaten here before, _____?
3. You like burgers, _____?
4. You don't like fast food, _____?
5. The service wasn't very efficient, _____?
6. Small restaurants have the best atmosphere, _____?

6. Read each conversation. Write the correct response using the word in parentheses. Use SO, NEITHER, TOO, AND EITHER.(4x2=8)

1. A: I love science fiction stories.

B: _____ (I). They're my favorite.

2. A: We don't really like this band.

B: _____ (we). The other band is much better.

3. A: I enjoy watching action movies.

B: _____ (I). They're so exciting.

4. A: It's raining. I don't feel like going out.

B: _____ (I). Let's order a pizza and watch a movie.

Listening

7. Listen the podcast and choose TRUE OR FALSE.(6x1.5=9)

- 1- In many countries, people are living less than before.
- 2- Healthcare and lifestyle is better .
- 3- Okinawa is an island off the coast of Taiwan.
- 4- The Okinawans may have the longest life and healthiest lifestyles in the world.
- 5- Researchers analyzed birth record from 1978.
- 6- The United States has 10 centenarians per 100.000 people.

8. Now answer the questions.(4x1.5=6)

- a) What is Okinawans' secret? _____
- b) Do they have other healthy habits? Which ones? _____
- c) Do they like gardening? _____
- d) What do they do to relax? _____

Writing

9. Write a movie review using your details. Remember to use contrasts to express your opinion. (14)