



Unit 2: Healthy Habits
Sixth Grade

Name: _____ Grade: 6th _____

Objetivo: Reforzar habilidad de lectura.
Unidad 2: Healthy Habits
Contenido: Vocabulario de la unidad.

1. Read and complete.

To: _____

About: Are you healthy?

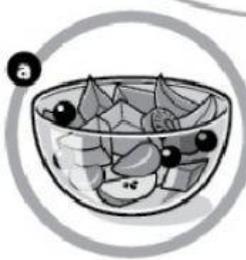
Hi Sue,

Today a doctor came to our school to tell us how to live a ¹_____ life and I learned a lot. ²_____ you sleep eight ³_____ a night? I don't. I sometimes stay in my room ⁴_____ TV until late. Now I know why I feel ⁵_____ some ⁶_____ at school. I also know why it ⁷_____ important to eat fruit and ⁸_____. They help your teeth and bones to ⁹_____. Do you eat ¹⁰_____ food? I sometimes eat a hamburger, but too many are bad for you. Email me soon and tell me what you think. Sandie.

junk healthy is vegetables mornings hours Do tired grow watching

15 Look and match.

- 1 ice lolly 2 fruit salad 3 smoothie 4 vegetable sticks 5 salad



16 Read and write.

- 1 You can make a funny face with it.
- 2 You can make different colours.
- 3 You can eat them with cheese.
- 4 It's got fruit, milk, yoghurt and ice cubes.
- 5 You can use any fruit you like.

_____ salad

