



**Read the text and mark the statements**

**True (1), False (2), Not Stated (3).**

### Food Fright

Doctors in Britain are worried because British teenagers eat lots of crisps, sweets and fat food. Most teenagers don't have enough fruit or vegetables and more than one million British schoolchildren are overweight. Some teenagers say that they don't have time to eat good food, but kids who have a poor diet often have health problems when they are older. Fast food is typical of Americans' diet, it was born there. American fast food is now part of life all over the world.

McDonald's, Pizza Hut, Burger King have restaurants in many countries on all the continents. The only good thing about fast food is its low price. In fact, a steady diet of burgers, fries and cola doesn't fill your body with vitamins and minerals you need to stay healthy. Fast food is rich in calories but it doesn't have many important nutrients (питательные вещества). Now doctors give young people books and games about a good diet. Having healthy, well-balanced diet can help you feel better and live longer.

1. British doctors advise young people to eat fat food to grow well.
2. A great percentage of British schoolchildren are fat.
3. Most British school students have fruit and vegetables every day.
4. Many teenagers in Britain have health problems.
5. Fast food restaurants first opened in France.
6. Fast food restaurants are popular around the world.
7. Many people go to fast food restaurants because they are cheap.
8. To keep our body healthy, we need a diet of burgers.
9. Parents are happy to take their children to fast food restaurants.
10. Doctors are trying to inform teenagers about a good diet.
11. British teenagers learn about healthy food at school.

**After finishing the task, enjoy the view: of the spring sun**

