Unit 1: Leisure activity

I. Vocabulary

1 Leisure (time) /**'leʒə(r)** (taɪm)/ (n.)thời gian rảnh rỗi
2 Leisure activity /**'leʒə(r) æk'tɪvəti**/ (n.)hoạt động lúc rảnh rỗi
3 Hanging out (with friends) /**'hæŋɪŋ aʊt (wɪð frendz)**/ (n.)(hoạt động) đi chơi với bạn bè
4 Hang out /**'hæŋ aʊt**/ (phr. v.)tụ tập, đi chơi
5 Window shopping /**'wɪndəʊ 'ʃɒpɪŋ**/ (n.)(hoạt động) đi ngắm đồ bày trong các cửa hàng
6 Go window shopping /**gəʊ 'wɪndəʊ 'ʃɒpɪŋ**/ (v.)đi ngắm đồ bày trong các cửa hàng
7 Pet training /**pet 'treɪnɪŋ**/ (n.)(hoạt động) huấn luyện thú cưng
8 Train a pet /**treɪn ə pet**/ (v.)huấn luyện thú cưng
9 Making crafts /**'meɪkɪŋ krɑ:fts**/ (n.)(hoạt động) làm đồ thủ công
10 Craft kit /**krɑ:ft kɪt**/ (n.)bộ dụng cụ làm đồ thủ công
11 Bracelet /**'breɪslət**/ (n.)vòng đeo tay
12 Check out something /**tʃek aʊt 'sʌmθɪŋ/ (phr. v.)**xem/ kiểm tra vật gì đó có phù hợp hay k
13 Right up someone's street /**raɪt ʌp 'sʌmwʌnz stri:t**/ (idiom)đúng vị/ sở thích của ai
14 Playing beach games /**'pleɪɪŋ bi:tʃ geɪmz**/ (n.)hoạt động chơi các môn thể thao trên bãi biển
15 Play beach games /**'pleɪ bi:tʃ geɪmz**/ (v.)chơi các môn thể thao trên bãi biển
16 DIY ~ Do-It-Yourself /**,di: aɪ 'waɪ/ ~ /,du ɪt jɔ:'self**/ (n.)hoạt động tự làm, tự sửa (đồ gì)
17 Satisfied /ˈ**sætɪsfaɪd**/ (adj.)hài lòng
18 DIY project /**,di: aɪ 'waɪ 'prɒdʒekt**/ (n.)dự án, kế hoạch tự làm (đồ gì)
19 Mountain biking /**'maʊntən 'baɪkɪŋ**/ (n.)hoạt động đạp xe leo núi
20 Go mountain biking /**gəʊ 'maʊntən 'baɪkɪŋ**/ (v.)đạp xe leo núi
21 Socialising (with someone) /**'səʊʃəlaɪzɪŋ (wɪð 'sʌmwʌn)**/ (n.)hoạt động giao lưu (với ai)
22 Socialise (with someone) /**'səʊʃəlaɪz (wɪð 'sʌmwʌn)**/ (v.)giao lưu (với ai)
23 Texting /**'tekstɪŋ**/ (n.)(hoạt động) nhắn tin
24 Text /**'tekst**/ (v.)(n.)(v.) nhắn tin; (n.) tin nhắn
25 Surfing the Internet/ net/ web /**'sɜ:fɪŋ ðɪ 'ɪntənet/ net/ web**/ (n.)(hoạt động) lướt web
26 Surf the Internet/ net/ web /**sɜ:f ðɪ 'ɪntənet/ net/ web**/ (v.)lướt web
27 Virtual /**'vɜ:tʃuəl**/ (adj.)ảo (chỉ có ở trên mạng)
28 Addicted (to something) /**ə'dɪktɪd tə 'sʌmθɪŋ**/ (adj.)nghiện (thích) cái gì
29 Harmful (to sb/ st) /**'hɑ:mfl tə 'sʌmbədi/ 'sʌmθɪŋ**/ (adj.)có hại, gây hại với ai/ cái gì
30 Have harmful effects on somebody/ something /**hæv 'hɑ:mfl ɪ'fekts ɒn 'sʌmbədi/ 'sʌmθɪŋ**/ (v.)có những ảnh hưởng tiêu cực đến ai/ cái gì
31 Rely on sb/ **st/rɪ'laɪ ɒn 'sʌmbədi/ 'sʌmθɪŋ/** (phr. v.)dựa vào, phụ thuộc vào ai/ cái gì
32 Ban sb from doing st /**bæn 'sʌmbədi frəm 'du:ɪŋ 'sʌmθɪŋ**/ (v.)cấm ai đó làm gì
33 Relaxing /**rɪ'læksɪŋ**/ (adj.)mang tính thư giãn
34 Mental /**'mentl**/ (adj.)liên quan đến tinh thần
35 Physical /**'fɪzɪkl**/ (adj.)liên quan đến thể chất
36 Indoor /**'ɪndɔ:(r)**/ (adj.)trong nhà
37 Indoors /**,ɪn'dɔ:z**/ (adv.)ở trong nhà
38 Outdoor /**'aʊtdɔ:(r)**/ (adj.)ngoài trời
39 Outdoors /ˌ**aʊtˈdɔ:z**/ (adv.)ở ngoài trời
40 People watching /**'pi:pl 'wɒtʃɪŋ**/ (n.)(hoạt động) ngắm người qua lại
41 Hooked (on something) /**hʊkt ɒn 'sʌmθɪŋ**/ (adj.)mê/ yêu thích (cái gì)

LIVEWORKSHEETS

Task 1: Listen and write

1. Jessica's hobby is mountain biking. She finds this sport _____
2. Teenagers spend a lot of time texting and surfing the Internet; their parents think this activity is _____ to their health.
3. You can do DIY at your leisure. That's _____-!
4. Hanging out with friends or classmates is _____. I love socialising and communicating.
5. Nam wants to become a volunteer for the community centre. He thinks it's _____ to help people.
6. Leisure _____-such as making crafts are very creative.
7. Many people don't like doing yoga because it's _____.
8. Doing sports or exercise in the leisure time is _____ for your body and mind.
9. My grandfather likes reading in his free time because it's _____.
10. I enjoy training my cat – Lexi. When she learns a new trick, I feel really _____.

Task 2: Find the word which has a different sound in the part underlined.

1. A. leisure	B. eight	C. celebrate	D. penalty
2. A. fun	B. sun	C. surf	D. cut
3. A. bracelet	B. cap	C. cake	D. hat
4. A. although	B. laugh	C. paragraph	D. enough
5. A. comedy	B. novel	C. princess	D. cinema

Task 2: Match the "NetLingo" or "text speak" in the box with the words and phrases below.

n 2moro u wd 4 luv thx ur2 c u @ abt gr8 btw r xx

1. about = _____ 2. and = _____ 3. are = _____ 4. at = _____ 5. for = _____ 6. great = _____
7. kisses = _____ 8. by the way = _____ 9. love = _____ 10. you = _____ 11. see you = ___
12. thanks = _____ 13. to/two = _____ 14. would = _____ 15. your = _____ 16. tomorrow = _____

II. Grammar

Task 3: Choose the best answer

1. I don't like _____ movies or TV shows.

A. watching B. watch C. to watch D. A & C are correct.

2. He doesn't fancy _____ beach volleyball because he hates sand.

A. playing B. play C. to play D. A & C are correct.

3. My friends and I enjoy _____- window shopping a lot.

A. go B. going C. to go D. A & C are correct.

4. His wife adores _____ with their neighbours whenever she has free time.

A. to socialise B. socialise C. socialising D. A & C are correct.

LIVEWORKSHEETS

5. Do you enjoy _____ crafts?
A. to make B. make C. making D. makes
6. My younger sister fancies _____ pictures every weekend.
A. to take B. taking C. took D. taken
7. Joan doesn't mind _____ football but she doesn't want to play it.
A. watching B. watches C. watched D. watch
8. My sister loves _____ the elderly people in our neighbourhood.
A. help B. to help C. helps D. helped
9. When I was a child, I loved _____ outdoors. But now I just want to stay inside playing computer games.
A. was B. been C. being D. were
10. Tom loves _____ with his new pen friends in Vietnamese.
A. chat B. chatting C. both B and D D. to chat
11. Did you _____ listening to fairy tales when you were a child ?
A. fancied B. adored C. fond of D. adore
12. My students don't mind _____ English stories ,some even adore doing it .
A. reading B. read C. to read D. listening
13. Minh _____ to play football , and so does his brother .
A. likes B. enjoys C. fancies D. detest.
14. Mai's foreign friends fancy _____ museums when they are in Vietnam.
A. visits B. to visit C. of visiting D. visiting
15. My dad is hooked on news or football matches while my mum ____ watching fashion shows.
A. interested in B. fond of C. prefer to D. enjoys

Task 4: Fill the gaps with the correct forms of the verbs.

1. My son and daughter adore (hang) _____ out with their classmates.
2. His brother doesn't mind (study) _____ late at night.
3. She detests (work) _____ under pressure.
4. They love (read) _____ bedtime stories before going to bed.
5. My little brother hates (drink) _____ fresh milk.
6. Do you fancy (watch) _____ football matches?
7. My parents enjoy (prepare) _____ meals together on weekends .
8. Lan and her sister love (shop) _____ in their free time.
9. My mother detests (eat) _____ out at that restaurant.
10. I don't mind (get up) _____ early everyday ,even on Sundays.

Task 5: Read and underline the correct answer.

Hi everyone! Today I'm going to talk about my leisure activities. I prefer *(to listening/to listen/listening to)* music, especially in the evening. My favourite song *(is/are/be)* 'Another world' by One Direction. I also like*(to read/to reading/read)* books and one of my favourites is Harry Potter. Besides, I *(loves/ love/loved)* skateboarding with my elder brother and sometimes I enjoy*(play/playing/to play/)* table tennis. My hobby is doing DIY. I think it's very interesting and it needs a lot of creativity. I dislike*(to go/go/going)* out or hanging out with friends because I hate crowded places. What about you?

LIVEWORKSHEETS

III. Reading

The NET Generation

Phuc is playing football and he has just scored a goal; Phuc is so happy now. At the same time, Mai is taking care of her cute cat. She always remembers when to take her pet out for a walk or when to feed it. Sounds fantastic, doesn't it? But they both spend most of their free time playing football or looking after pets ONLINE!

Nowadays, teenagers heavily rely on technology and many of them find it hard to live without mobiles, computers and the Internet. Adoring the virtual world can be harmful to both teens' bodies and minds. Instead of joining outdoor activities like football, skating or biking, many boys and girls enjoy sitting in front of computers or TVs. Others are addicted to using their mobiles for texting, chatting and checking updates on Facebook all the time. They prefer these activities perhaps because they don't have to think or imagine much. Teens now have less time to read books, take exercise or hang out with family and friends because they fancy the unreal world.

Although Phuc and Mai are quick at using computers and they seem to remember quite a lot of English vocabulary in the games, their parents are considering banning them from using computers. Phuc and Mai's parents want them to spend more leisure time outdoors playing sports, socialising with others or taking up a new hobby.

Task 6. Find in the text words/ phrases with similar meanings. Type them in the blanks.

1. Taking care of = 2. Unreal = 3. Enjoy =

Task 7. Choose the correct answer.

1. The text mainly discusses …

A. how teens spend their leisure time. B. how teens use computers.

C. how teens play games online.

2. The text mentions …

A. the advantages of using technology in the spare time.

B. the disadvantages of using technology in the spare time.

C. both A and B.

Task 8. Are these sentences true (T) or false (F)?

1. Phuc is playing football in the park. _____
2. Mai spends most of her leisure time looking after her virtual cat. _____
3. Teenagers depend on mobiles and computers a lot. _____
4. Teens now spend more spare time on outdoor activities and socialising. _____
5. Mai and Phuc's parents are thinking of stopping them from using computers. _____

Task 9. Choose the leisure activities that are more popular among teenagers according to the text.

1. Socialising
2. Checking Facebook updates
3. Hanging out with friends
4. Playing computer games
5. Raising pets online
6. Taking exercise
7. Watching TV
8. Reading books
9. Playing sports
10. Texting

LIVEWORKSHEETS

IV. Speaking

Task 10: Choose the best expression to complete the conversation.

Father: Nam, turn off the computer. It's time to go out and play football!
Nam: Dad, I prefer playing games online in my leisure time.
Father:Oh, Nam, come here. We need to talk seriously about this matter.
Nam: Okay, Dad.
Father: You seem to be addicted to online games. I'm thinking of banning you from playing computer games.
Nam: Come on, Dad. I (1) *(find playing online games really fun /I'm certain that/not always true)*. It makes me relaxed after long stressful hours in class.
Father: I can't agree with you. (2) (*not always true/I'm certain that/see your point)* playing games online can harm your health. These days you're always complaining your eyes are tired! And you get angry easily.
Nam: That's (3) *(not always true/don't think/see your point),* Dad. I think I learn some important skills while playing online games such as hand-eye coordination, memorising and focusing. I (4) not always truedon't thinkbelieveit also helps me socialise with many friends at my age from different countries. My English is improving.
Father: I (5) *(see your point/don't think/believe),* Dear. But I'm afraid that you are getting addicted to the virtual world; now you have less time to get out of the house, play sports or join clubs. Gradually, you may not have time even for us or for your friends in this real world.
Mother:Calm down, Honey. Well, I partly agree with you, Son. You may feel comfortable when playing online games but that shouldn't be hours long. Otherwise, it makes you get mad easily.
Nam: Yeah, you're right.
Mother:Even though some educational games can teach you a few helpful skills for your learning, I'm sure that your father is right about the negative sides of online games. I (6*) (not always true/don't think/believe)* that we should completely ban you from playing those games. Instead, we'll limit the time and types of games you play.
Nam: That's fair enough, Mum.
Mother: More importantly, promise us that you'll be involved more in family and social activities.
Father: That's what I was thinking. Do you agree, Son?
Nam: Yes, Mum and Dad.

Task 11. What do the following sentences express?

1. I see your point, but ...	A. agree	B. disagree	C. partly agree
2. I can't agree with you.	A. agree	B. disagree	C. partly agree
3. Yeah, you're right.	A. agree	B. disagree	C. partly agree
4. That's not always true.	A. agree	B. disagree	C. partly agree
5. I partly agree with you.	A. agree	B. disagree	C. partly agree
6. That's fair enough.	A. agree	B. disagree	C. partly agree
7. That's what I was thinking.	A. agree	B. disagree	C. partly agree

LIVEWORKSHEETS

V. Listening

Task 12: Listen again and complete each blank with no more than TWO words.

HANGING OUT WITH YOUR CLOSE FRIENDS	
Activities	Reasons
Doing physical activities such as playing badminton, **(1)** _____ or skateboarding	Fun
Doing yoga	**(2)** _____
Watching clouds and **(3)** _____	Lovely to be with nature
Watching movies, making popcorn at home	**(4)** _____
Making crafts such as **(5)** _____ or purses	**(6)** _____
Working on **(7)** _____ projects	Very **(8)** _____
Joining **(9)** _____	Great to learn something new

VI. Writing

Task 13 : Find the mistake and correct.

1. In shortage, computers should only be used for a limited time. _____
2. For these reason, making crafts is always a good choice for the girls. _____
3. I really enjoy train my dog in my leisure time. _____
4. She doesn't mind cook meals every day but she hates washing the dishes. _____

Task 14: Rearrange the words to make meaningful sentences.

1.I/out/friends/love/with/weekend/at/hanging/my/the.

_____

2.Why/addicted/games/computer/you/are/to?

_____

3.Doing/reduce/of/exercise/obesity/physical/helps/risk/the.

_____

4.Social/teenager's/to/important/networks/life/are/a.

_____

5.Reading/most/the/activities/among/teenagers/these/and/crafts/making/books/are/ popular.

Task 15: Arrange the following sentences to make a complete paragraph.

In my opinion, texting too much is very harmful. ☐

This easily makes you suffer from neck and shoulder pains. ☐

Firstly, while texting, you often move your head forward and your shoulders become rounded. ☐

The phone's radiation and blue light make your brain awake and prevent you from having a deep sleep. ☐

Secondly, the habit of texting before bed can cause sleeplessness. ☐

In conclusion, to protect yourself, you should reduce your phone usage immediately. ☐

Moreover, if you are driving and texting at the same time, your life may be at risk. ☐

A lot of car or motorbike accidents involve cell phones. ☐

LIVEWORKSHEETS