

Food: Energy for the body

1) Choose the correct option:

- A) You can find information about the energy in the food
- B) To measure the energy scientist the food
- C) The bomb calorimeter sensors measure the amount of produced during the burning.

2) Complete the following sentences with the words in the box.

CARBOHYDRATES

FATS

PROTEIN

- 1) Butter and oil provide _____
- 2) Meat and chicken provide _____
- 3) Bread, fruit and veggies provide _____