

## MINDSET VIDEO TED TALK

Look at the information from the beginning of a video and guess what word is missing in each gap. Then, watch the first part of the video [<https://youtu.be/M1CHPnZfFmU>] (to 00:30) and check your answers.

Professor Carol Dweck uses the term 'mindset' to describe the way people think about ability and talent. According to Dweck, '..... mindset' means that we think our abilities can't change, and '..... mindset' means that we believe that we can ..... our abilities through practice.

### Match the halves to create phrases.

A	a) take a	1) obstacle
B	b) solve a	2) problem
C	c) be more likely	3) risk
D	d) view critical feedback	4) as a personal attack
E	e) avoid	5) experiment
F	f) face an	6) challenges
G	g) be less likely to	7) to succeed

### Choose the correct answer.

a) Are people with a growth mindset more likely to ..... than people with a fixed mindset? Why/Why not?

- 1) succeed      2) success      3) succeeding

b) Can all abilities be ..... through practice? Can you think of any situations in which they can't?

- 1) improvement    2) improve    3) improved

c) Is viewing critical feedback as a chance to ..... always the best thing to do?

- 1) developed      2) development    3) develop

d) Is experimenting a good way of finding ..... to problems? In what situations?

- 1) solves      2) solutions      3) solving

e) Do you agree that it is better to have a growth mindset? What can a person do to ..... it?

- 1) achievement    2) achieve      3) achieved

f) How can we use ..... as a chance to learn?

- 1) failure      2) fail      3) failed

g) How do you feel about challenges? Do you try to ..... them?

- 1) avoidance    2) avoided    3) avoid