

Teacher's Name: Laura Elena López Gómez

Student's Name: _____ List Number _____

Activity 1 – Read the selection. Then, identify the main idea, topic, and supporting details.

4 points

There are many good reasons to choose a vegan lifestyle. Some people follow a vegan diet for their health. Cutting out consumption of meat, eggs, and dairy — and eating a diet high in fresh fruits and vegetables, grains, and legumes — can reduce the risk of debilitating "lifestyle" diseases like heart disease, type 2 diabetes, cancer, or Alzheimer's. There are also many studies that show that following a vegan diet that is high in fresh fruits, vegetables, nuts, grains, and legumes results in a leaner, more energetic body. Others "go vegan" as a way to take a stand for animal rights. Still others object to the way our modern animal agricultural system is contributing to global warming and deforestation, and refuse to buy and eat meat as a matter of protest. Whatever reason vegans find most motivating, veganism has grown 500% since 2014, and there is every indication that it will continue to grow in popularity.



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|----------------------|---|
| 1. Main idea | Veganism has grown 500% since 2014. |
| 2. Topic | Veganism |
| 3. Supporting detail | Vegan diet includes fresh fruit, nuts, grains, and legumes. |
| 4. Supporting detail | Vegan lifestyle is good for healthy. |

Activity 2 – Write the past simple of the verbs.

6 points

go		forget	
understand		come	
meet		write	

Activity 3- Rewrite the sentences in negative.

5 points

- He played basketball. _____
- She cooked a delicious dinner. _____
- We watched a horror movie. _____
- My father washed the car. _____
- They looked the sky. _____

Activity 4- Complete the sentences using past continuous.

5

points

- I _____ with my friend (talk)
- She _____ in Canada. (live)
- They _____ soccer. (play)
- We _____ an interesting book. (read)

5. He _____ the car. (fix)

Total points: ____/25