

# BEARING TIME

Some people would rather live dangerously, and they keep on finding new and exciting ways to do it. Let's take a look at just a few of the latest extreme sports crazes that are popular around the world! You'd better not try any of them yourself though, without proper training and appropriate equipment!



## SNOWBIKING

Can't wait to hit the ski **slopes** this winter? Then how about trying snowbiking, the newest **thrill-seeking** experience that is becoming very popular all over the world? Snowbiking involves riding a bicycle that has skis instead of **wheels** over the snow. It's a **challenge** that expert skiers and mountain bikers will love! It started in North America and its popularity just keeps on growing. Some fans are even trying to get it accepted as an Olympic event!



## PARKOUR

For people who like running, climbing and jumping, parkour, also called free running, may be the sport for them! Runners must get from point A to point B in the fastest way possible, going over **obstacles** such as walls, trees, **benches** and even buildings rather than going around them. It started in France and is now taking London and other cities by storm.

## KITESURFING

What do you get if you combine kiting and surfing? Kitesurfing, of course, the new craze that has taken over the beaches of Hawaii and is now **spreading** fast around the world! Kitesurfing involves flying through the air at top speed with a parachute above you and a board attached to your feet. It's difficult to learn but very exciting once you do!



**Read the text and complete the sentences.**

- 1 Never try any of these extreme sports crazes without .....
- 2 To go snowbiking you need .....
- 3 Snowbiking started .....
- 4 In parkour runners must .....
- 5 Parkour started .....
- 6 Kitesurfing combines .....
- 7 To go kitesurfing you need ..

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