SIKHISM

Read the paragraph below and then answer the questions about Sikhs, their religion and their turbans.

Sikhism is the fifth largest religion in the world today. Founded by Guru Nanak in the late 1400's in the Punjab region of India it is based on the belief that God was not separate from the world and watching from a distance, but fully present in every aspect of creation. This meant that all people were equally divine and should therefore be treated equally.

As he preached his beliefs Guru Nanak wrote his own scriptures, created institution for worship and religious practices for his followers. Sikhism is based on the rejection of all social distinction that produce inequalities including gender, race, religion and caste. Sikhs also maintain 5 articles of faith known as the 5 Ks. These are: kes (long, uncut hair), kara (steel bracelet), kanga (wooden comb), kirpan (small sword) and kachera (soldier-shorts).

It is the first of these, kes, which means Sikhs, like the one in this story, wear turbans or dastārs. The turban embodies the essence of Sikhism and signifies many parts of their Sikh faith including spirituality, courage and friendship. Both men and women can wear turbans and will often exchange dastārs with their closest friends as a symbol of friendship.

Who founded the Sikh religion?

_____

When was it founded?

_____

Where was it founded?

_____

What 4 things does Sikhism reject?

_____

What are the 5 Ks of Sikhism?

_____

Why do Sikhs wear turbans or dastārs?

_____

English: ACELY1970 - Use comprehension strategies to analyse texts.

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