

WORD POWER Foods

A Listen and practice.

Food Guidelines

For good health, eat a lot of grains, vegetables, and fruit. Eat some dairy, meat, and other protein. Eat a little fat and oils.



B What foods do you like? What foods don't you like? Make a list. Then tell a partner.

A: I like rice, noodles, and oranges. I don't like fish, cheese, and carrots.

B: I like ...

I like

rice
noodles
oranges

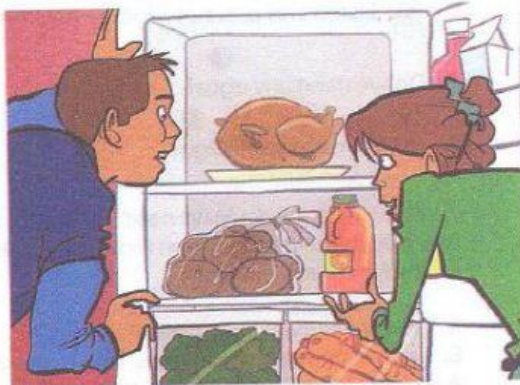
I don't like

fish
cheese
carrots

CONVERSATION *How about some sandwiches?*

Listen and practice.

Adam: What do you want for the picnic?
 Amanda: Hmm. How about some sandwiches?
 Adam: OK. We have some chicken, but we don't have any bread.
 Amanda: And we don't have any cheese.
 Adam: Do we have any lettuce?
 Amanda: Let's see. . . . No, we need some.
 Adam: Let's get some tomatoes, too.
 Amanda: OK. And let's buy some potato salad.
 Adam: All right. Everyone likes potato salad.



GRAMMAR FOCUS

Count and noncount nouns; some and any

Count nouns

an egg → eggs

a sandwich → sandwiches

Do we need **any** eggs?

Yes. Let's get **some** (eggs).

No. We **don't** need **any** (eggs).

Noncount nouns

bread

lettuce

Do we need **any** bread?

Yes. Let's get **some** (bread).

No. We **don't** need **any** (bread).

A Complete the conversation with *some* or *any*.

Amanda: The store doesn't have any potato salad.

Adam: Well, we have lots of potatoes. Let's make !

Amanda: OK. Do we have mayonnaise?

Adam: No. We need to buy .

Amanda: We need onions, too.

Adam: Oh, I don't want onions. I hate onions!

Amanda: Then let's get celery.

Adam: No. I don't want celery in my potato salad.

But let's put apples in it.

Amanda: Apples in potato salad? That sounds awful!

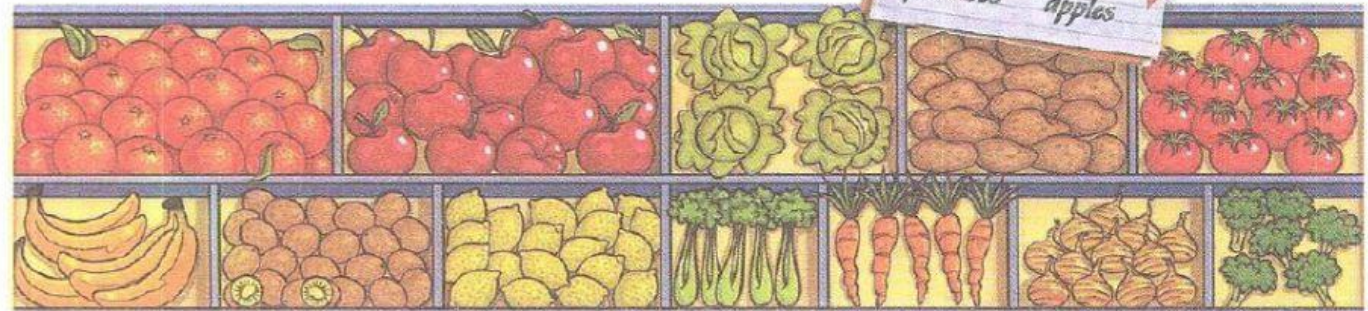


B PAIR WORK Ask *Do we need ... ?* questions about the food in the picture. Then look at your shopping list and answer.

A: Do we need any oranges?

B: Yes. We need some oranges. Do we need any lettuce?

A: Let's see. ... No. We don't need any lettuce.



SNAPSHOT

Listen and practice.

What Do You Have for Breakfast?

The United States



- ☐ cereal with milk
- ☐ fresh fruit
- ☐ orange juice
- ☐ coffee

Japan



- ☐ fish
- ☐ rice
- ☐ soup
- ☐ pickles
- ☐ green tea

Mexico



- ☐ eggs
- ☐ beans
- ☐ tortillas
- ☐ fresh fruit
- ☐ sweet bread
- ☐ coffee with milk

Source: www.about.com