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Wash your hands using soap, or use hand sanitizer. Next, dry your hands.
Place your swab sample in the test tube with the extraction fluid, and swirl it 10 more times.
Roll the swab firmly around the inside of the nostril. Make 10 complete circles.
Read the results between 15 to 30 minutes
Tilt your head back slightly.
After washing and sanitizing your hands, take out swab, test solution, and test device.
Secure the nozzle cap onto the extraction tube to avoid any leaks.
Read the manufacturer's instruction in your kit. Instructions may vary slightly depending on the model.
Using the same swab, wipe the swab around the inside of your other nostril.
Set a timer. Make sure the test strip is left flat on a clean surface.
Clear, clean and dry a flat surface to place the test kit on.
Insert the swab into one nostril about 1.5 or 2 cm up your nose.
Dispose all parts of test kits properly and wash or sanitize your hands. Report your results, both positive and negative ones.
Remove the swab from the sealed wrapper.
Drip the extraction fluid onto the absorbent pad of the specimen with a paper strip.